Lenten Reflections April 9, 2019



As we near the end of our Lenten journey, today's reflection is the prayer of St Francis, and several questions for self-reflection. I encourage you to take a few minutes to answer at least 2 of the questions below. – Andy Fellows, Director of Campus Ministry

Lord make me an instrument of your peace Where there is hatred let me sow love Where there is injury, pardon Where there is doubt, faith Where there is despair, hope Where there is darkness, light And where there is sadness, joy

O Divine Master; Grant that I may not so much seek to be consoled as to console,
To be understood as to understand,
To be loved as to love;
For it is in giving that we receive,
It is in pardoning that we are pardoned,
And it is in dying that we are born to Eternal
Life. Amen

Questions for Self-Reflection:

- 1. Am I an instrument of God's peace?
- 2. In the face of hatred, am I able to love?
- 3. Do I forgive easily?
- 4. Is my focus more on the "light" in the world, or on the "darkness"?
- 5. Would I rather understand, or be understood?
- 6. How would my life be different if my focus was more on loving vs. being loved?
- 7. Am I a giver?
- 8. Which part of this prayer seems most challenging to me?
- 9. Am I willing to ask God's help to live this prayer at this point in my life?

Reflection questions courtesy of Pat Sears, New Spirit Inc, <u>www.newspiritinc.orq</u>

Tuesday of the Fifth Week of Lent

Lectionary: 252

Reading 1 NM 21:4-9

From Mount Hor the children of Israel set out on the Red Sea road, to bypass the land of Edom.

But with their patience worn out by the journey, the people complained against God and Moses, "Why have you brought us up from Egypt to die in this desert, where there is no food or water?
We are disgusted with this wretched food!"

In punishment the LORD sent among the people saraph serpents, which bit the people so that many of them died.

Then the people came to Moses and said,

"We have sinned in complaining against the LORD and you.

Pray the LORD to take the serpents away from us."

So Moses prayed for the people, and the LORD said to Moses,

"Make a saraph and mount it on a pole,

and whoever looks at it after being bitten will live."

Moses accordingly made a bronze serpent and mounted it on a pole, and whenever anyone who had been bitten by a serpent looked at the bronze serpent, he lived.

Responsorial Psalm PS 102:2-3, 16-18, 19-21

R. (2) O Lord, hear my prayer, and let my cry come to you.

O LORD, hear my prayer,

and let my cry come to you.

Hide not your face from me

in the day of my distress.

Incline your ear to me;

in the day when I call, answer me speedily.

R. O Lord, hear my prayer, and let my cry come to you.

The nations shall revere your name, O LORD,

and all the kings of the earth your glory,

When the LORD has rebuilt Zion

and appeared in his glory;

When he has regarded the prayer of the destitute,

and not despised their prayer.

R. O Lord, hear my prayer, and let my cry come to you.

Let this be written for the generation to come,

and let his future creatures praise the LORD:

"The LORD looked down from his holy height,
from heaven he beheld the earth,
To hear the groaning of the prisoners,
to release those doomed to die."

R. O Lord, hear my prayer, and let my cry come to you.

Verse Before The Gospel

The seed is the word of God, Christ is the sower; all who come to him will live for ever.

Gospel JN 8:21-30

Jesus said to the Pharisees:

"I am going away and you will look for me,

but you will die in your sin.

Where I am going you cannot come."

So the Jews said,

"He is not going to kill himself, is he,

because he said, 'Where I am going you cannot come'?"

He said to them, "You belong to what is below,

I belong to what is above.

You belong to this world,

but I do not belong to this world.

That is why I told you that you will die in your sins.

For if you do not believe that I AM,

you will die in your sins."

So they said to him, "Who are you?"

Jesus said to them, "What I told you from the beginning.

I have much to say about you in condemnation.

But the one who sent me is true,

and what I heard from him I tell the world."

They did not realize that he was speaking to them of the Father.

So Jesus said to them,

"When you lift up the Son of Man,

then you will realize that I AM,

and that I do nothing on my own,

but I say only what the Father taught me.

The one who sent me is with me.

He has not left me alone,

because I always do what is pleasing to him."

Because he spoke this way, many came to believe in him.