



## ENROLLMENT PREREQUISITE WELLNESS FORM

**This Form must be received by Wellness Services prior to beginning classes and/or moving into the Residence Halls. It is mandatory that all students complete this form, attach all relevant documentation as directed, and upload it to:**

Medicat Health Portal

Portal can be found on our website:

Email: [wellness@felician.edu](mailto:wellness@felician.edu)

<https://felician.edu/campus-life/counseling-wellness-services/>

It is **YOUR** responsibility to make sure the health forms and requirements are received by Wellness Services.

**Please read carefully and complete as instructed. PLEASE PRINT:**

### Part I. General Information

Major \_\_\_\_\_ Entry Date \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ SSN# \_\_\_\_\_

**If you are under the age of 18, Parental Consent must be signed by a Parent or a Guardian.** Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Maiden Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

**Emergency Contact:** Name \_\_\_\_\_ Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Relationship of Emergency Contact to student \_\_\_\_\_ Are you a citizen of the United States? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have Health Insurance coverage? Yes \_\_\_\_\_ No \_\_\_\_\_ **If yes, please attach a copy of your insurance card.**

Will you be residing on the Felician University Campus? Yes \_\_\_\_\_ No \_\_\_\_\_

Have you attended Felician University before? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, what semester did you last attend class? \_\_\_\_\_

Under what name did you last attend class? \_\_\_\_\_

### Part II. History

**Personal History:** List any previous hospitalizations, surgeries, major injuries, and chronic illnesses with dates (mo./yr.) \_\_\_\_\_

List all current **medications**. Include amount and dosage per day: \_\_\_\_\_

List **allergies & reactions** (medications, environmental, food, other) \_\_\_\_\_

**Family History:** If any blood relative has suffered any of the following, please circle the number & indicate which relative.

1. Epilepsy	6. alcoholism	11. Tuberculosis
2. Mental Illness	7. Cancer	12. Asthma
3. Diabetes	8. High Blood Pressure	13. Kidney Disease
4. Heart Disease	9. Stroke	14. Hay Fever
5. Sudden Death (before age 55)	10. Seizures	15. Marfans Syndrome



### PART III. Physical Examination

**Required for all students. Must have occurred during the 12 months prior to admission (6 months for athletes).** Other documentation of a physical exam by a Licensed Care Provider during the 12 (6) months prior is acceptable in lieu of this form.

**Student's Name: (Please Print)** \_\_\_\_\_

**Date:** \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BMI: \_\_\_\_\_ BP: \_\_\_\_\_ Pulse: \_\_\_\_\_

Vision: \_\_\_\_\_ Hearing: \_\_\_\_\_

System	**Findings: must be completed by Provider**	
	WITHIN NORMAL LIMITS	ABNORMAL
1. General Survey/Psychological		
2. Integument		
3. Eyes		
4. Ears		
5. Nose/Sinus		
6. Mouth/Pharynx		
7. Neck/Thyroid		
8. Thorax/Lungs		
9. Breasts		
10. Heart/PV		
11. Abdomen		
12. Hernia		
13. MS/Motor Function/Extremities		
14. Spine		
15. Neurological		
16. LAB; U/A		

Can the student participate in all academic activities? Yes \_\_\_ No \_\_\_

Explain: \_\_\_\_\_

Can the student participate in all physical activities? Yes \_\_\_ No \_\_\_

Explain: \_\_\_\_\_

Is the student currently under treatment for any medical condition? Yes \_\_\_ No \_\_\_

Explain: \_\_\_\_\_

Can the student participate in any clinical/laboratory activities? Yes \_\_\_ No \_\_\_ N/A \_\_\_

Explain: \_\_\_\_\_

**Athletes ONLY:**

A. Cleared

B. Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_

C. Not cleared for: \_\_\_ Collision \_\_\_ Contact Non-contact: \_\_\_ Strenuous  
 \_\_\_ Moderately Strenuous \_\_\_ Non-strenuous

Due to: \_\_\_\_\_

Do you have any general comments or recommendations? \_\_\_\_\_

List immunizations and/or titers done at time of visit. (record Mantoux test with results on page 3) \_\_\_\_\_

Licensed Health Care Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name (Provider's Stamp preferred) \_\_\_\_\_ Phone \_\_\_\_\_

Address (Office Stamp preferred) \_\_\_\_\_



Print Name:

Last 4 of SSN:

#### **Part IV. TUBERCULOSIS: MANTOUX (PPD) Tuberculin Skin Test**

**Mantoux (PPD) MUST be done no sooner than 7 days and no longer than 30 days to be considered a valid test.**

**Required for ALL students. Must have been administered during the 6 months prior to admission.**

*The following information is to be completed by your Licensed Health Care Provider. To be a valid test, the date placed, date read, and size of the reading in millimeters must be documented. (A negative reading would be 0mm.)*

**The test is invalid without signature of Provider, and if read less than 48 hours or more than 72 hours after being placed.**

Lot#: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ MFR: \_\_\_\_\_  
 Date Placed: \_\_\_\_\_ Date Read: \_\_\_\_\_ Results: \_\_\_\_\_  
 Licensed Health Care Provider Signature \_\_\_\_\_ Date: \_\_\_\_\_  
 Printed Name (Providers Stamp preferred) \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address (Office Stamp Preferred) \_\_\_\_\_

In the event of any current or previous **positive results** (horizontal diameter  $\geq 10$ mm induration), **ALL** of the following must be submitted.

1. Copy of positive results documentation.
2. Copy of chest x-ray report. (actual x-ray film not required)
3. Documentation of INH prophylaxis treatment including dates of the treatment.
4. Completed Symptom Assessment for Tuberculosis Form. (available at Wellness Services)

#### **Part V. Meningococcal (Meningitis) Mandatory University Survey**

Required for all students

#### **This Survey is to be completed by ALL students**

Ensure one box is section 1 and one box in section 2 are checked and it is signed and dated.

NOTE: All students residing on campus **MUST** have received the Meningitis vaccine **PRIOR** to moving into residential housing.

#### **Meningococcal (Meningitis) Mandatory University Survey\***

This survey become part of the student's health record and is required by New Jersey State Law, PL 2000c25

Meningococcal Disease is a serious, potentially fatal bacterial illness. Anyone can get Meningococcal Disease but University students, especially those who live in dormitories and teenagers 15-19, have an increased risk of getting Meningococcal Disease. Accordingly, all university students in the State of New Jersey are to be provided information about Meningococcal Disease and available Vaccinations so that in collaboration with their Health Care Provider they may make an informed decision about receiving the Vaccine.

(check one box in this section)

#### **Section 1: Meningitis Information**

I have been informed about Meningococcal Disease. I have been informed there is a vaccine available for this disease and informed of the effectiveness of this vaccine against this disease.

I am aware that I can contact the Center for Health at Felician University or my Health Care Provider if I have any questions.

I understand that to be protected against Meningococcal Disease I must receive the vaccine, and until I do, I remain at risk for contracting this disease.

I am in receipt of the Meningococcal Vaccines Information Statement (VIS) that provides information about Meningococcal Disease and vaccines.

☐ Yes

☐ No

(check one box in this section)

#### **Section 2: Meningitis Vaccination**

☐ I have already received the Meningitis Vaccine.

☐ I am undecided about whether to receive the Meningitis vaccine.

☐ I have decided to receive the Meningitis Vaccine now or at some future time.

☐ I have decided not to receive the Meningitis Vaccine.

**Student Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



Print Name:

last 4 of SSN#:

**Part VI. Immunizations and/or Titers** Note a 2 Step PPD is required for ALL nursing students. Form can be found on website.

**Attach Proper Documentation for items A thru D to prove immunization or immunity as Required by New Jersey State Law.**

This includes official school immunization records, public health department records, and/or official records signed by a Licensed Health Care Provider. This page 4 may be submitted in lieu of other documents if completed and signed by a Licensed Health Care Provider.

**Exact dates are required.**
**Immunizations:** Required for all students. **Blood Titers:** Required for all Nursing students.

**Note:** Lab evidence of Blood Titer results showing immunity are acceptable in lieu of documentation of Immunization.

Exemptions allowed by the NJ Department of Health to Immunizations:

1. Medical reasons (must provide written documentation from Primary Care Provider).
  2. Religious reasons (must provide written documentation stating objection).
- (Those with medical/religious exemptions may be temporarily excluded from class/activities during threatened or actual disease outbreaks.)*

**A. MMR (MEASLES, MUMPS, RUBELLA) :**
**ALL** students born after 1956 **must** provide **one** of the following:

**Measles** (Rubeola) - 2 doses of live vaccine (1st dose on or after 1st birthday and 2nd dose after 1980) **OR** a positive **Rubeola IgG Titer**.

**Mumps** - 1 dose of live vaccine on or after 1st birthday **OR** a positive **Mumps IgG Titer**.

**Rubella** (German Measles) - 1 dose of live vaccine on or after 1st birthday **OR** a positive **Rubella IgG Titer**.

**(NURSING students are Required to provide positive Rubeola IgG Titer, Mumps IgG Titer and Rubella IgG Titer results regardless of age.**
**B. VARICELLA (Chickenpox):**
**ALL** students **must** provide **one** of the following **regardless of age:**

1. Documentation of 2 doses of Varivax®, 4-8 weeks apart.
2. Written statement by Licensed Health Care Provider of having had the disease and what year it occurred.
3. Copies of lab evidence of a positive Varicella Zoster IgG Titer.

**(NURSING students are Required to provide positive Varicella Zoster IgG Titer results.)**
**C. HEPATITIS B SERIES:**
**ALL** students **must** provide **one** of the following **regardless of age:**

1. Documentation of 3 doses Hepatitis B Vaccine over a six-month period (0, 1, 6 mos.).
2. Copies of lab evidence of a positive Hepatitis B Surface Antibody Titer.

**(NURSING students are Required to provide positive Hepatitis B Surface Antibody Titer - Quantitative.**

 For students who have not completed all 3 doses of Hepatitis B vaccine, **Provisional Periods** (Temporary Clearances) have been established to do so.

- 9 months - no vaccine previously received
- 6 months - 1 documented dose of vaccine received
- 4 months - 2 documented doses of vaccine received

**D. TDAP:** **ALL** nursing students **must** provide documentation of tetanus, diptheria and pertussis vaccine.  
 (after the age 18)

**E. MENINGOCOCCAL MENINGITIS (MCV4) VACCINE: REQUIRED for students residing on campus.**

If Meningitis vaccine is greater than 5 years ago, a booster is required (NJ Law). If the 1st dose given after the 16th birth day, a booster is not needed.

 New Jersey State Law **requires** that all students living in residence halls at four-year institutions of higher education receive the vaccine.

 This vaccine is **recommended** for all other students under age 25 and living off campus who want to reduce their risk of meningitis.

**IMMUNIZATIONS**

MMR	1	2	
Measles			
Mumps			
Rubella			
Varicella Vaccine	1	2	
Varicella Disease (Date)			
Hepatitis B	1	2	3
Meningococcal MCV4			
Tdap	1	2	
Meningitis B	1	2	3

**SEROLOGY (required for Nursing students)**

Measles	Date	Titer
Mumps	Date	Titer
Rubella	Date	Titer
Varicella	Date	Titer
Hepatitis B Ab Qu	Date	Titer

**Copies of ACTUAL LAB results must be submitted with this form.** In accordance with New Jersey Department of Health and Senior Services, **equivocal results are treated as negative results and boosters will be required.**

**Licensed Health Care Provider's Signature**
**Date**
**Provider's Stamp**
**Phone**
**Address (Office Stamp preferred)**





## **ATHLETES ONLY**

- ☐ Student-athletes are required to complete pages 5–12.
- ☐ Answer every question fully and accurately.
- ☐ **Ensure that all sections and boxes are filled out completely.**

**SPORT:** \_\_\_\_\_

### **Health Insurance information:**

Provider: \_\_\_\_\_

Group #: \_\_\_\_\_

**\*\*\*\*Please attach a copy of the front and back of your insurance card\*\*\*\***

### **Personal Medical History:** Have YOU ever had any of the following medical conditions? Please circle the number

- |                                  |                                     |  |                        |
|----------------------------------|-------------------------------------|--|------------------------|
| 1. High blood pressure           | 8. seizure disorder                 | 15. blood disease/blood clot                   | 22. eating disorder    |
| 2. Any heart disease             | 9. thyroid disease                  | 16. trouble with circulation                   | 23. stomach ulcer      |
| 3. Ruptured organ                | 10. skin disease                    | 17. kidney disease/injury/stones               | 24. hernia             |
| 4. Hepatitis                     | 11. diabetes                        | 18. blood in urine/frequent urinary infections | 25. emotional problems |
| 5. Tuberculosis/coughed up blood | 12. sickle cell anemia or carrier   | 19. hearing defect/loss/hearing aid            | 26. steroid use        |
| 6. Amnesia                       | 13. anemia                          | 20. muscular disease                           | 27. drug dependency    |
| 7. Migraine headaches            | 14. abnormal bleeding/easy bruising | 21. birth defects                              | 28. travel sickness    |

### **Dental History:** Have You ever had any of the following dental conditions? **Please answer yes or no in the box** (explain "yes" answers)

1. Do you have a dental cap?	2. Have you ever fractured a tooth?	3. Do you see a dentist on a regular basis?
4. Have you ever had a tooth knocked out?	5. Do you wear orthodontic appliances or other dental appliance?	6. Date of last dental exam

### **Vision History:** Have You ever had any of the following vision conditions? Please answer yes or no in the box (explain "yes" answers)

1. Do you wear glasses?	2. Do you wear contact lenses?	3. Do you use protective eye wear for sports?
4. Is your color vision Normal?	5. Have you ever had an eye injury?	6. Optometrist or Ophthalmologist: Name Address Phone number

### **Internal:**

Were you born with a complete and functional set of :

Eyes: (yes or no) \_\_\_\_\_

Kidneys (yes or no) \_\_\_\_\_

Have you ever had loss of surgery to remove any body organ? (yes or no) \_\_\_\_\_

If yes, please identify: organ, date, removed, repaired \_\_\_\_\_

Surgeon: \_\_\_\_\_ phone: \_\_\_\_\_

Address: \_\_\_\_\_

### **Cardiac History:** please answer yes or no. If yes, please provide an explanation:

Have you ever felt dizzy, light-headed or passed out during or after exercise? \_\_\_\_\_

Have you ever had chest pain while exercising? \_\_\_\_\_

Have you ever had irregular heartbeats or heart palpitations? \_\_\_\_\_

Have you ever been told you have a heart murmur? \_\_\_\_\_

Have you ever been seen by a hear specialist? (cardiologist) \_\_\_\_\_



Have you ever had an echo-cardiogram? \_\_\_\_\_

Have you ever had a stress (heart) test? \_\_\_\_\_

**\*\*\*if yes to any question, copies of all reports are required\*\*\***

Cardiologist name \_\_\_\_\_ phone \_\_\_\_\_

Address \_\_\_\_\_

**Respiratory History:** Do you have a history of the following? **please answer yes or no.**

Asthma or exercise induced asthma	Bronchitis or frequent respiratory infections	Pneumonia
Nasal congestion	Allergies	Family history of asthma

Do you have a croupy or barking cough? Do you cough with exercise or exposure to cold temperatures? \_\_\_\_\_

Do you have shortness of breath or chest tightness? Do you have shortness of breath with exercise or exposure to cold temperatures? \_\_\_\_\_

Do you wheeze? Do you wheeze with exercise or exposure to cold temperatures? \_\_\_\_\_

Have you ever been to an emergency room because of difficulty breathing? \_\_\_\_\_

Have you ever used an inhaler (puffer) or had a nebulizer treatment? \_\_\_\_\_

Do you currently use an inhaler (puffer) and/or asthma medications? \_\_\_\_\_

#### **For Female Athletes:**

**Women's Health History-** personal or confidential information is not released unless authorized in writing by the student athlete.

Onset of menstrual period? Age at onset \_\_\_\_\_ regular periods (yes or no)/date of last period \_\_\_\_\_

Number of days between periods \_\_\_\_\_ duration of period/number of days \_\_\_\_\_

Heavy bleeding ever a problem? \_\_\_\_\_ do you spot or have bleeding between periods? \_\_\_\_\_

Do you experience any unusual discharge? \_\_\_\_\_ have you ever had a sexually transmitted disease? \_\_\_\_\_

Are cramps a frequent problem during your period? \_\_\_\_\_ do you use a birth control device? Type? \_\_\_\_\_

Do you do a breast self examination? \_\_\_\_\_ have you ever had a gynecological exam? \_\_\_\_\_

Have you ever had a pap smear? \_\_\_\_\_ are both ovaries complete and functional? \_\_\_\_\_

Have you had a pregnancy, live birth or abortion? \_\_\_\_\_ (if yes) number? Date? \_\_\_\_\_

Gynecologist name \_\_\_\_\_ phone \_\_\_\_\_

Address \_\_\_\_\_

#### **For Male Athletes:**

**Men's Health History-** personal or confidential information is not released unless authorized in writing by the student athlete.

Have you ever had a genitourinary infection?/sexually transmitted disease? \_\_\_\_\_

Have you ever had discharge from your penis? \_\_\_\_\_ do you have a history of testicular torsion? \_\_\_\_\_

Have you ever had painful urination? \_\_\_\_\_ are both of your testicles present? \_\_\_\_\_

Do you perform regular testicular self-exams? \_\_\_\_\_



**Drug, food supplements and Miscellaneous Agents:** please indicate frequency of use (what type and how frequently?)

Vitamins	Iron supplements	Diet pills	Laxatives
Antihistamines	Anti-inflammatory	Anabolic steroids	Nutritional supplements (liquid/powder)
Caffeine	Alcoholic beverages	Tobacco	Special diet (specify)

Have you ever had trouble with dehydration? \_\_\_\_\_

Have you ever passed out in the heat? \_\_\_\_\_

Have you ever had heat cramps (due to fluid loss because of excessive heat?) \_\_\_\_\_

Conditioning status: What have you done to stay in shape? \_\_\_\_\_

**Orthopedic History:** \*\*\*GIVE TRAINER COPIES OF ALL MEDICAL REPORTS FOR ANY ITEMS CHECKED YES\*\*\*

- Participation may not be allowed without proper documentation. If no documentation is available, please make note N/A

**Have you ever injured or consulted with a physician about any of the following: (write 'yes' in the box if you have)**

### HEAD

Unconscious/knocked out/blacked out	Dazed/dizzy	Concussion
Fractures	X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)

### NECK

Sprain/strain	Burners/stingers	Disk injury
Dislocations/fractures	X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)

### CHEST WALL

Fracture collar bone	Fracture rib, sternum
X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)

### LOWER BACK

Sprain/strain	Scoliosis	Disk injury
Pain or burning down leg	Weakness or numbness in leg	Pains
Fractures	X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)

### SHOULDERS (indicate right or left)

Sprain/strain	A-C separation	Tendonitis/bursitis	Fractures	Dislocations/slips out of place
Stringers/burner/dead arm	Pains	Injections	X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)

### ELBOWS (indicate right or left)

Sprain/strain	Bursitis/tendonitis	Dislocation/fractures
X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)	



**WRIST** (indicate right or left)

Sprain/strain	Dislocations/fractures
X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)

**HANDS/FINGERS** (indicate right or left)

Sprain/strain	Dislocations/fractures
X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)

**PELVIS/HIPS/GROIN** (indicate right or left)

Sprain/strain	Bursitis/tendonitis	Dislocation/fractures
X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)	

**THIGHS** (indicate right or left)

Quad/hamstring strain	Calcium deposits in muscle	Fractures
X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)	

**KNEES** (indicate right or left)

Strain/sprain/torn ligament	Knee cap dislocation/fracture	Chondromalacia	Osgood Schlatter's
Bursitis/tendonitis	Swelling/grinding	Locking/giving away	Arthritis
Jumper's knee	Wear braces	X-rays, Ct, MRI (reports required)	Hospitalized/surgery (reports required)

**ANKLES** (indicate right or left)

Sprain/strain	Dislocations/fractures	Instability/giving out
X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)	

**FEET/TOES** (indicate right or left)

Sprain	Turf toe	Dislocations/fractures
X-rays, CT, MRI (reports required)	Hospitalized/surgery (reports required)	Shoe inserts/orthotics

Do you have any wires, or staples in any part of your body? \_\_\_\_\_

Orthopedic Surgeon name \_\_\_\_\_ phone \_\_\_\_\_

Address \_\_\_\_\_

Have you ever been evaluated by a Sport Podiatrist/Podiatrist? \_\_\_\_\_

If yes, please list name, phone number and address \_\_\_\_\_





**Final Review:** if yes to any question, please explain

Have you had two or do you have now any other medical problems or injuries not listed on this form? \_\_\_\_\_

Have you been advised to have any surgical procedure? \_\_\_\_\_

Are there any additional health problems you would prefer to discuss privately with our health provider? \_\_\_\_\_

Is there any special protective equipment that you require or would like to have provided? \_\_\_\_\_

Is there any reason that you are not able to participate in athletics? \_\_\_\_\_

**I hereby certify that the answers to the above questions are true and correct and I authorized the release of the above information to Felician University Sports Medicine staff.**

Signature of athlete \_\_\_\_\_ date \_\_\_\_\_

Signature of parent or guardian (if athlete is less than 18 years old) \_\_\_\_\_

### **Felician University Sports Medicine-Under 18 Medical Waivers**

I, \_\_\_\_\_, hereby authorize and request that medical care be administered to \_\_\_\_\_, age \_\_\_\_\_, my son/daughter, by the student health service, hospital and/or any other medical doctor or medical intuition which might render services in the event of injury, illness, or accident while participating in the intercollegiate athletic program representing Felician University. I further request that records of such diagnosis and/or treatment be released to the Felician University Athletic Trainer, head Coach of his/her sport, or its insurance carrier, in order that they will be better informed of his/her medical condition while participating in athletic competition at Felician University. A photostatic copy of this authorization shall be considered as effective and valid as the original.

Signature \_\_\_\_\_ date \_\_\_\_\_

Home address: \_\_\_\_\_

Phone number: \_\_\_\_\_ athlete SS# or Student ID# \_\_\_\_\_

### **Sports Medicine Policies and Procedures**

#### **Athlete**

I have read and understand all the policies and procedures pertaining to Felician University Sports Medicine and agree to adhere to all stipulations of the said program while I am a student athlete at Felician University.

Signature \_\_\_\_\_ date \_\_\_\_\_

#### **Parent/Guardian**

I have read and understand all the policies and procedures pertaining to Felician University Sports Medicine, specifically those pertaining to medical insurance and payment. I agree to adhere to all stipulations of the said program while my child is a student athlete at Felician University.

Signature \_\_\_\_\_ date \_\_\_\_\_

### **Concussion Statement**

I understand that it is my responsibility to report all injuries and illnesses, including signs and symptoms of a concussion to my athletic trainer and/or team physician.

I have read and understand the Felician University Concussion Policy. I understand that if I do not follow this policy appropriate disciplinary measures will be taken by the Department of Athletics.

I have read and understand the NCAA Concussion Fact Sheet. After reading the NCAA Concussion fact sheet, I am aware of the following information:

- A concussion is a brain injury, which I am responsible for reporting to my athletic trainer or team physician.
- A concussion can affect my ability to perform everyday activities, and affect reaction time, balance, sleep, and classroom performance. You cannot see a concussion, but you might notice some of the symptoms right away. Other symptoms can show up hours or days after the injury.

If I suspect a teammate has a concussion, I am responsible for reporting the injury to my athletic trainer or team physician.

- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- Following a concussion the brain needs time to heal. You are much more likely to have a repeat concussion if you return to play before your symptoms resolve.
- In some cases, repeat concussions can cause permanent brain damage, and even death.

Signature of athlete \_\_\_\_\_ date \_\_\_\_\_





## Drug Testing Authorization and Substance Abuse Policy

Name \_\_\_\_\_ sport \_\_\_\_\_

### Student waiver/consent form

I have read the Alcohol, Tobacco and other Drug Education and Testing Policy for the Felician University Department of Athletics. I understand the policy, and freely consent to participate in it, undergo all required tests, and cooperate in its administration. Additionally, I understand that the consequences of testing positive for drugs and alcohol are cumulative throughout my career at Felician University. In consideration of participation in the athletics program, I release Felician University from any and all liability and waive any and all claims against the University arising out of the Alcohol, Tobacco and Other Drugs Education and Testing Policy, unless such claim is based on negligent or wrongful conduct of the University.

Participant Signature \_\_\_\_\_ date \_\_\_\_\_

If under 18, I/We agree (parent/guardian signature) \_\_\_\_\_

## Sickle Cell Trait Status

Sickle cell trait is an inherited condition of the oxygen-carrying protein, hemoglobin, in the red blood cells. Sickle cell trait is a common condition affecting over three million Americans. Although sickle cell trait is most predominant in African-Americans and those of Mediterranean, Middle Eastern, Indian, Caribbean, and South and Central American ancestry, persons of all races and ancestry may test positive for sickle cell trait. Sickle cell trait is usually benign, but during intense, sustained exercise, hypoxia (lack of oxygen) in the muscles may cause sickling of red blood cells (red blood cells changing from a normal disc shape to a crescent or sickle shape) which can accumulate in the bloodstream and "logjam" blood vessels, leading to collapse from the rapid breakdown of muscles starved of blood. The NCAA mandates that all Division II NCAA student-athletes have knowledge of sick cell trait status MUST be on file in the athletic training room prior to ANY of the above mentioned activities. I understand that the NCAA mandates that I must be tested or provide results of a previous sickle cell test. This legislation, effective as of August 1, 2022 is applicable to all prospective and current student-athletes. I understand that I am NOT cleared to participate in ANY Felician University Athletic events (practice/competition) until I am tested and have provided laboratory results.

For more information on SCT in athletes: [http://web1.ncaa.org/web\\_files/health\\_safety/SickleCellTraitforSA.pdf](http://web1.ncaa.org/web_files/health_safety/SickleCellTraitforSA.pdf)

Student-Athlete signature \_\_\_\_\_ date \_\_\_\_\_

Parent/Guardian signature (if under 18 years of age) \_\_\_\_\_ date \_\_\_\_\_

## Shared Responsibility for Sports Safety

This document covers you for a period of 30 months from the date of the authorization

Participation in a sport requires an acceptance of risk of injury. Athletes rightfully assume that those who are responsible for the conduct of a sport have taken reasonable precautions to minimize such risk and that their peers participating in the sport will not intentionally inflict injury upon them.

Periodic analysis of injury patterns lead to refinements in the rules and other safety decisions. However, to legislate safety via a rule book and equipment standards, while often necessary, seldom is effective by itself; and to rely on officials to enforce compliance with the rule book is as inefficient as to rely on warning labels to produce compliance with safety guidelines. "Compliance" means respect on everyone's part for the intent and purpose of a rule or guideline.

I have read and understand the Shared Responsibility for Sport Safety Statement.

Signature of Student athlete \_\_\_\_\_ date \_\_\_\_\_

Signature of parent/guardian (if athlete is less than 18 years old) \_\_\_\_\_

### Medical Consent

I hereby grant permission to the Felician University Sports Medicine Staff to render to (son/daughter/self) any treatment or procedure under the scope of the individual's training and education that they deem reasonably necessary to the health and well being of the student athlete. Also, when necessary for executing such case, I grant permission for hospitalization at an accredited hospital.

Signature of Student Athlete \_\_\_\_\_ date \_\_\_\_\_

Signature of parent/guardian (if athlete is less than 18 years old) \_\_\_\_\_





### **Medical Information Release Form (HIPAA)**

Per the Health Insurance Portability and Accountability Act (HIPAA), the following signature will authorize the athletic director, certified athletic trainers, student sports medicine assistants, team physicians and affiliated medical staff to communicate and view medical records pertaining to health related issues as a result of my participation in the NCAA Athletic Program at Felician University. The following methods of communication and injury documentation can be used:

- Oral, written, or electronic communication regarding health issues between the athletic trainer, the team physician and supporting medical staff
- Oral, written or electronic communication regarding health issues between the athletic trainer, coaching staff and athletic director.
- Oral, written or electronic communication regarding health issues between the Felician University Sports Medicine Department and National Collegiate Athletic Association (NCAA) regarding Medical hardships.
- Oral, written or electronic communication regarding health issues between the athletic trainer and the athlete's parents (per athlete's request)
- Oral written or electronic communication regarding health issues between the athletic trainer, the team physician, supporting medical staff and the Insurance company, Carrier of TOA in which Felician University purchased Secondary Student Basic Accident Medical on my behalf.

I have read and understand the means of communication and documentation that will take place regarding my health history and any injury information that may develop because of my involvement in athletics.

I hereby authorize the release of the above medical information relating to my student athletic injuries as designated above.

Signature\_\_\_\_\_date\_\_\_\_\_

I do not wish to release the above medical information and understand that it will be my responsibility to handle all aspects of the communication and payment information for my student athletic related injuries.

Signature\_\_\_\_\_date\_\_\_\_\_





## Student Wellness Forms checklist

Student name: \_\_\_\_\_

Date: \_\_\_\_\_

Thank you for the submission of your Student Wellness Forms.

Student Wellness Forms can be downloaded from the university website: <https://felician.edu/campus-life/wellness-services/>

**All completed information should be uploaded to Mediat Healthcare Portal in My Felician Hub.**

Please feel free to contact us at 201-559-3337 with any questions.

- ☐ Enrollment Prerequisite Wellness Form.
- ☐ Physical Exam completed within the past 12 months (6 months for athletes).
- ☐ MENINGOCOCCAL MENINGITIS (MenACWY) VACCINE and completed Meningococcal (Meningitis) Mandatory College Survey (page 3 of health form).
- ☐ Documentation of negative **PPD** within the past 6 months *or* negative **QuantiFERON-TB Gold** *or* documentation of positive PPD (in mm) *with* copy of chest x-ray report *and* any treatment taken or declined *plus* a TB Symptoms Assessment Form (available from Wellness Services).
- ☐ Immunization records that include:
  - ☐ 2 Measles immunization *or* documented immunity through a blood test for **Rubeola Antibody Titer IgG** (titer **required** for Nursing students).
  - ☐ 2 Mumps immunization *or* documented immunity through a blood test for **Mumps Antibody Titer IgG** (titer **required** for Nursing students).
  - ☐ 2 Rubella immunization *or* documented immunity through a blood test for **Rubella Antibody Titer IgG** (titer **required** for Nursing students).
  - ☐ 2 Varicella (chicken pox) immunizations *or* documented immunity by *either* a statement from your Licensed Health Care provider of having had the disease *or* a blood test for **Varicella Zoster Antibody Titer IgG** (titer **required** for Nursing students).
  - ☐ Hepatitis B series (3 doses) or documented immunity through blood test for Hepatitis B Surface Antibody Titer (titer required for Nursing students).

### Student Athletes MUST submit

- Completed Student Wellness Forms **pages 1-12**
- Sick Cell Anemia blood test results
- Copy of Health Insurance card
- SWAY concussion test (emailed from Athletics department)
- Orthopedic screening (appointment scheduled through Athletics department)

**Proper documentation is REQUIRED for proof of all immunizations.** This includes official school immunization records, records from any public health department, and/or official records signed by a health care practitioner licensed to practice medicine in the U.S. **Exact dates are required.** \*\*\*It is advised you keep a personal copy of all medical records you submit\*\*\*

**Colleen A. Mulligan-Moran, BSN-RN**  
**CAWS: Wellness Services, One Felician Way, Rutherford, NJ 07070**  
**(P) 201-559-3337 (F) 201-559-3579**  
**Email: [wellness@felician.edu](mailto:wellness@felician.edu)**