



Biennial Review of Felician University Alcohol and Other Drug Abuse Prevention Program for Academic Year 2023-2024

Kathy Murray, MSW, LCSW
Director, Counseling and Wellness Services

Colleen Mulligan-Moran, BSN, RN
Assistant Director, Counseling and Wellness Services

Christine Panepinto, MA, CAGS, LAC
Counselor

April Lennon, LSW
Counselor

Lisa Pena
Administrative Assistant, Counseling and Wellness Services

Shakira Adams, MPA
Director, Center for Student Development and Engagement

Romario DaCosta
Interim Director, Residence Life

Andrew Toriello
Director, Athletics

Nicole Aumack
Assistant Director, Athletics

Virginia Topolski
Director, Human Resources

Dr. Simone Flowers-Taylor
Director, Community Rights and Responsibilities

Noreen P. Shea, MA, MAPM
Director, Campus Ministry

Felician University
Drug-Free Schools and Campuses Regulations (EDGAR Part 86)
Drug and Alcohol Abuse Prevention Certification

The undersigned certifies that it has adopted and implemented an alcohol and other drug abuse prevention program for its students, faculty, and staff that at minimum include:

I. The distribution, annually, to each faculty and staff member, and to each student who is taking one or more classes for any kind of academic credit, excluding continuing education, regardless of the length of the student's program of study, of

- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of any illicit drugs and alcohol by students, faculty, and staff on its property or as part of any of its activities
- A description of the applicable legal sanctions under local, State, and Federal law for the unlawful possession, use, or distribution of any illicit drugs and alcohol
- A description of the health risks correlated with the use and/or abuse of any illicit drugs or alcohol
- A clear statement that the university will impose disciplinary sanctions on students, faculty, and staff, which are consistent with local, State, and Federal laws, a description of those sanctions, up to and including expulsion or termination, for violation of the standards of conduct

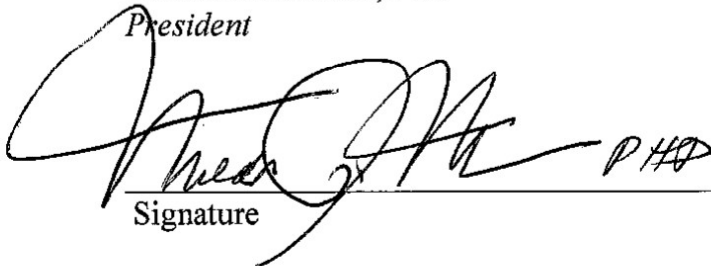
II. The use of a biennial review by the University of its alcohol and other drug abuse prevention program to –

- Determine its effectiveness and implement necessary changes to the alcohol and other drug abuse prevention program, policy, and procedure when needed
- Ensure that disciplinary sanctions are being enforced consistently

Felician University
262 South Main Street
Lodi, New Jersey 07644

Felician University
One Felician Way
Rutherford, New Jersey 07070

Mildred A. Mihlon, PhD
President

 PHD

Signature

12-19-2024
Date

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Introduction

The Drug-Free Schools and Campus Regulations CFR 34, Subtitle A, Part 86 of the Drug-Free Schools and Communities Act (DFSCA) require that institutions of higher education (IHE), such as Felician University, adopt, implement, and evaluate programs to prevent the misuse or abuse of alcohol and use or distribution of illicit drugs by university students, faculty, and staff both on its premises and as a part of any of its activities. At a minimum, each institution of higher education must annually distribute the following in writing to all students, faculty, and staff:

- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of any illicit drugs and alcohol by students, faculty, and staff on its property or as part of any of its activities
- A description of the applicable legal sanctions under local, State, and Federal law for the unlawful possession, use, or distribution of any illicit drugs and alcohol
- A description of the health risks correlated with the use and/or abuse of any illicit drugs or alcohol
- A clear statement that the university will impose disciplinary sanctions on students, faculty, and staff, which are consistent with local, State, and Federal laws, a description of those sanctions, up to and including expulsion or termination, for violation of the standards of conduct

The law further requires that the institution conducts a biennial review of its program with the following objectives:

- Determine its effectiveness and implement necessary changes to the alcohol and other drug abuse prevention program, policy, and procedure when needed
- Ensure that disciplinary sanctions are being enforced consistently

The biennial review must also include a determination as to:

- The number of drug-related and alcohol-related violations and fatalities occurring on campus, or as part of their activities that are reported to campus officials
- The number and type of sanctions the institution impose on students, faculty, and staff as a result of such violations or fatalities

Felician University acknowledges its legal obligation to conduct a biennial review of compliance with the Drug-Free Schools and Communities Act. The intention of this document is to comply with the legal requirements as set forth by the DFSCA and to discuss prevention and education associated programs, initiatives, and activities related to the Felician University Alcohol and Other Drug Abuse Prevention Program for the 2023-2024 academic year.

Biennial Review Process

Due to staff and department changes, Colleen Mulligan-Moran, the Assistant Director of Counseling and Wellness Services and Kathy Murray, Director of Counseling and Wellness Services, worked together on this Biennial Review.

The Felician University Biennial Review was created using information and assistance provided by the following offices:

Counseling and Wellness Services
Office of the Vice President for Student Affairs
Community Rights and Responsibilities
Human Resources
Center for Student Development and Engagement
Residence Life
Department of Athletics
Campus Ministry

The Biennial Review of Felician University Alcohol and Other Drug Abuse Prevention Program was examined and approved by the following:

Dr. Mildred Mihlon, President
Janel Owens, Vice President for Student Affairs

The Biennial Review of the Felician University Alcohol and Other Drug Abuse Prevention Program is on file with:

Janel Owens, Vice President for Student Affairs
Student Center, Rutherford Campus
201-559-3564, owensj@felician.edu

Notification and Distribution Process

Compliance with the Drug-Free Schools and Communities Act

Felician University remains committed to working toward fulfillment of all requirements of the Drug-Free Schools and Communities Act and to maintain compliance. Timely and consistent distribution of university policy and procedure to all students, faculty, and staff are one aspect of this obligation.

Coordinated by Counseling and Wellness Services, the Felician University Alcohol and Other Drug Abuse Prevention Program is a wide-ranging program that incorporates harm reduction and evidenced-based practices designed to implement and evaluate campus and community-based strategies to reduce and prevent high-risk drinking behaviors and substance use and abuse among our university students. Human Resources coordinates efforts for faculty and staff. The Felician University Alcohol and Other Drug Abuse Prevention Program is a collaborative effort shared by the Office of the Vice President for Student Affairs, Residence Life, Athletics, Community Rights and Responsibilities, Center for Student Development and Engagement, Campus Ministry, and Human Resources.

Student Notification and Distribution

At the beginning of each semester, the Office of the Vice President of Administration, emails the link to the Felician University Student Handbook to every registered student. The Student

Handbook includes our Code of Student Rights, Responsibilities, and Conduct, which explains policy violations and possible sanctions, the Student Substance Abuse Policy, the Medical Amnesty Policy, campus resources, and a detailed description of students' rights and the conduct process.

Furthermore, the Student Substance Abuse Policy is included in the Annual Security and Fire Safety Report; the URL is emailed to every student, faculty, and staff member of the Felician University community annually, to prospective students and to each new student automatically upon enrollment.

We made our tracking and distribution procedure to all students, faculty, and staff members more consistent and timelier.

Faculty and Staff Notification and Distribution

Felician University distributes the "Drug and Alcohol-Free Workforce Policy" to all faculty and staff members upon their hiring at the university. New employees are required to sign a copy of this policy certifying that they agree to abide by the terms. The signed certification letter must be returned to the Office of Human Resources within two weeks. The University acquired ADP and now distributes the policy annually to all staff and employees on or before October 15th. ADP tracks compliance. A reminder is sent to each employee during the first week of October regarding the requirement to comply. The requirement is also posted on the website at [Drug and Alcohol Free Workplace Policy - Felician University of New Jersey](#).

We switched from using Everfi and now use Vector as our provider for online training. There is one course, "Drugs and Alcohol at Work", designed to train employees about the dangers of drugs and alcohol in the workplace. It demonstrates the negative impact of substance abuse and discusses the physiological and behavioral effects of commonly abused substances. It also covers the disease of addiction, the Felician University's anti-drug and alcohol policy, the consequences for violations, and resources for employees. Training is required of all new hire employees and the periodic retraining for all employees will be rolled out once again in January 2025 with a required completion date of early March. Pre- and post-training knowledge assessments are included as part of the training session.

Felician University Campus Resources

- **Vice President for Student Affairs**.....201-559-3564
- **Counseling and Wellness Services**.....201-559-3337
- **Human Resources**.....201-559-6186
- **Residence Life**.....201-559-3506
- **Athletics**.....201-559-3333
- **Security**.....201-559-3561

Websites that cite Felician University Alcohol and Other Drug Policies

Students, faculty, staff, and guests can find Felician University policies on the university's Consumer Information webpage, as well as the following links:

Felician University Drug and Alcohol Free Workplace Policy
[Drug and Alcohol Free Workplace Policy - Felician University of New Jersey](#)

Felician University Student Alcohol and Other Drug Policy (including Medical Amnesty - Student Handbook)

[2023-2024 Student Handbook.docx \(sharepoint.com\)](#)

Felician University Department of Athletics Alcohol, Tobacco, and Other Drug Education and Testing Policies

[2023-2024 Student Handbook.docx \(sharepoint.com\)](#)

Alcohol and Other Drug Prevention Programming

Counseling and Wellness Services

Counseling and Wellness Services at Felician University has a proactive approach to the education and prevention of alcohol and other drug use among students. Awareness that the use and abuse of alcohol and other drugs are detrimental to the overall success of students has led to the implementation of an evolving program that strives to communicate the dangers and consequences of such use.

Counseling and Wellness Services provides assessment, treatment, and referrals for students with substance use/abuse concerns themselves, or to assist them in coping with loved ones who have substance use/abuse issues.

We offer brochures and on-line screenings on the website which are available to the Felician University community. These materials describe the health risks and dangers of alcohol, such as, binge drinking, driving while intoxicated, marijuana use, opioid use, etc. Counseling and Wellness Services provides educational programs on many mental health topics on both campuses. The Office of Community Rights and Responsibilities coordinates on-line alcohol education and sexual assault prevention programs.

During this review period, Counseling and Wellness Services completed RA training, Orientation Leader Training, and Athletic Orientation, as well as hosted information tables in both dining halls. We have also held programs following alcohol theme weeks and months. In total, Counseling and Wellness Services held 37 programs in 2023-2024, 3 of which were about substance abuse prevention.

Membership Affiliation

Our Director and Assistant Director of Counseling and Wellness Services are members of the Bergen County Prevention Coalition, a subsidiary of The Center for Alcohol and Drug Resources of Bergen County. We are most grateful for this on-going active community partnership. This collaboration allows for constant dialogue with other addiction and counseling professionals on the latest empirical evidence and best practices. They conduct our student survey and provide incentives, which we are most grateful for.

Bergen County Prevention Coalition/University AOD Task Force Survey

Due to staff and department changes, an AOD Task Force Survey was not administered for the 2023-24 Academic Year.

Alcohol and Other Drug Educational Presentations

Counseling and Wellness Services, in collaboration with other campus departments and outside organizations, provides on-campus alcohol and other drug educational programming designed to

inform the entire campus community on the most current information available. These include, but are not limited to, presentations to all student-athletes on the dangers of alcohol and drugs in athletics, promotional materials made available on both campuses, education pamphlets and resources, presentations to resident assistants on current drug trends, Orientation Leader training, websites screenings and resources, and partnerships with other university offices to offer alcohol and drug free events.

We also made an effort to promote events in the community to our students, staff, and employees at Felician University. By advertising events held by our external partners, we were able to advertise different events that had the ability to offer support for various topics to include overdose prevention, tobacco cessation, support groups for NA/AA, and eating disorders.

Dispose Rx

Disposal packets, provided by Dispose Rx are located and available at both Counseling and Wellness Services locations, Milton Hall and Student Center Office, the Athletic Trainer Offices, and Residence Life offices. This partnership has provided us with the ability to have a medication disposal program on campus that promotes the safe disposal of prescription medication on campus.

“DisposeRx at-home medication disposal packets are comprised of materials that are FDA-approved for oral medications and provide a simple, convenient and effective solution for the disposal of unused or expired medications. The active ingredient in the medication is chemically and physically sequestered in a polymer gel when water and the DisposeRx powder are added to a prescription vial and shaken. Patients can use the patented product with pills, tablets, capsules, liquids and powders and can then throw away the vial in the household trash.”

<https://disposerx.com/page/5/product-and-program>

Narcan Training and Availability On Campus

The University has held various Narcan training events in person throughout this biennial period. Stakeholders and leaders on both campuses have participated in the training, to include Staff, Faculty, and Students. We have made it a goal to bring Narcan training to our campus community on a regular basis.

Center for Student Engagement

The Center for Student Development & Engagement (CSDE) provides a variety of intentional co-curricular opportunities for students at Felician through events, programs, and workshops that engage and develop Felician students to be productive and responsible citizens. CSDE facilitates programming for the greater student population in an effort to provide a co-curricular experience focused on retention and alcohol alternative programming.

The Center for Student Development and Engagement (CSDE) at Felician University is committed to creating a safe, inclusive, and supportive environment for all students. All of our programs and events are alcohol and drug-free, promoting the well-being and healthy development of our campus community. We strive to provide engaging and enriching experiences that foster personal growth, leadership, and a sense of belonging, while upholding our values of safety and responsibility.

Between August 2023 and Spring 2024, 134 programs were held and over 3000 students attended programs.

The events/programs listed below include some of the alcohol and drug free alternatives that were facilitated for students to engage in.

Scream Theater + Title IX Overview
Student Affairs Mandatory Sessions
First Year Students - Mandatory Floor Meeting
Laser Tag Party
Glow Party + WOW Shirt Giveaway
Shuttle to Walmart
Food Truck Ticket Tracking
Hypnotist Show
Student Engagement Presentation + Dairy Queen Gift Cards
After The Fire - Fire Safety Presentation
Ice Cream Social
Outdoor Movie Night
Welcome Back Bingo
BBQ Themed Dinner
Alumni Panel + Resource Fair
2023 Academic Convocation
American Dream Mall Trip
9/11 Museum Trip
Student Engagement Drop In + Dairy Queen Gift Card Giveaway
Meet The Staff of the Counseling and Wellness Services
Bon Fire + S'mores
Hispanic Heritage - Paint Night

Hispanic Heritage Trivia
Yoga
Hispanic Heritage Movie - Encanto
Board Game Social
Board Game Night
Meditation & Mindfulness Session
Zumba
Radio Felician Open House
AMC Movie Night
BCB Bank Information Session
Good Vibes, Good People
Battle of The Sexes
Passport Services Provided by Bergen County Clerk
Commuter Travel Tips w/ NJ Transit
New York Red Bulls Vs. Toronto - Soccer Game
Interreligious Panel
Breast Cancer - Day of Action - Turn Felician Pink
National Coming Out Day Program
JEDI Fiesta Dinner (Wear Purple and Gold)
Wear Gold and Purple for Domestic Violence Awareness
Pure Terror Scream Park
Success Sessions On Demand (Lodi)
Midterm De-Stress DIY (Lodi Campus)
Success Sessions On Demand (Rutherford)
Midterm De-Stress DIY (Rutherford Campus)
Mock Interview Workshop

Yoga
Felician Homecoming
VAWA Stuff A Plush
Yoga
AMC Movie Night
The Falcon Fight
Trip To Six Flags Great Adventure!
Dream Poster Presentation
Zumba
All Star Game
Affirmation Yoga Night
Beyond The Frizz
First Generation Day Celebration
Midnight Run
Protect Your Nest
Annual Ruck March
VAWA Tie Dye + DIY Tote Bags
VAWA Tie Dye + DIY Tote Bags
Hoops For Heart
International Students Day - Social Media Challenge / Student Highlight
Felician Gratitude Wall - Lodi Campus
Felician Gratitude Wall - Rutherford Campus
Yoga
Fall Donuts, Coffee and Hot Chocolate
Falcons Closet
Zumba

AMC Movie Night
Take A Break From Textbooks
Finals Stress Relief Program
Take A Paws!
Holiday Midnight Brunch
Karaoke Night
A Warm Welcome
Commuter Coffee Chat
Cookies and Conversations with Student Affairs
AMC Movie Night
Shuttle To Walmart
Paint + Board Game Night
&Pizza Campus Visit
Open Mic Night / Talent Show
Movie Night: The Hate You Give
Yoga
Super Bowl Watch Party
Stuff A Plush
AMC Movie Night: The Color Purple
Roots & Routes
Black History Month Exhibition
Zumba
Mentorship Meetup
Passport Services Provided by Bergen County Clerk
Underwater Utopia
Disability Month Awareness Trivia

Canvas painting + & Pizza Campus Visit (Commuter Chat)
Movie Night: Enough (Women's History Month + Domestic Violence Awareness)
Billiards Tournament
Learning to Crochet
Lets Talk Business: Financial Literacy
Passport Services Available On Campus
Hidden Figures Movie Showing (Women's History Month)
AMC Movie Night
Activate Games @ American Dream
Zumba
Let's Talk Business: LinkedIn + Professional Headshots
Women's History Month Trivia
Project FELICE Mandatory Presentation
Pick Up Your Shirts For #TurnFelicianTeal
Love Is...
Turn Felician Teal - Day of Action
Solar Eclipse Viewing Event
Legos for LGBTQ
Voter Registration (Rutherford Campus)
SAAM Field Day
Escape Room @ American Dream
Free Dairy Queen Card Pickup
VAWA Movie Night: Enough
Outdoor Movie and Smores
Trip to Woodbury Commons
Love On The Spectrum Series

Farmers Market on Campus
End of the year bingo
New York Red Bulls Vs. Vancouver FC - Soccer Game
Voter Registration (Lodi Campus)
End Of Year BBQ
Trip To Six Flags Great Adventure!
2024 Baccalaureate Mass

The goal for the Fall 2024 and Spring 2025 academic year is to create more partnerships with other areas, such as Counseling and Wellness Services, to provide students with more intentional programming as it pertains to alcohol and other drug alternatives.

Mission Integration and Campus Ministry

Campus Ministry and its activities are offered to all students who are enrolled at Felician University. Students of all faith denominations or none are not only invited, but encouraged, to participate in our many activities as they provide a way to live out our core values in a non-judgmental atmosphere. Students from many diverse backgrounds work together in Campus Ministry for social justice causes and enjoy the camaraderie that is developed.

These many activities are created not only to teach and shape young adults but are an alternative to possible destructive behaviors such as alcohol and drug use. All our events are alcohol-free and drug-free, and students learn that a good time can be had without using substances, in addition to learning valuable life lessons of helping those who are in need. Mission Integration and Campus Ministry is designed to help our students, in all ways, body, soul and mind, and done so in an atmosphere of acceptance and collegiality. Faculty and staff join students for events and programming as part of the University's mission. Many of our events take place in the evenings as a way of giving students a positive and constructive alternative to using alcohol and drugs.

The Director of Campus Ministry for Fall 2023 left the University at the end of the Fall semester and the position was empty until a new Director was hired in February 2024.

The following are programs that were run for 2023-2024 academic year

Fall 2023 Campus Ministry Events

Mass of the Holy Spirit- A traditional Catholic Mass of blessing invoking the Holy Spirit for the new academic year.

Approximately-25 people

Monthly Hikes-Every month a hike with prayer was offered to our students in a local reserve or park allowing students to experience the beauty of nature, prayer and fellowship.

Average of 6-8 people

Campus Ministry Weekly Bible Study- Every week a bible study was offered to the university community as an opportunity to reflect on Sacred Scripture.

Average of 5-6 people

Praise and Worship Night with Elena Castello –An evening of Christian Praise and Worship Music with local musician Elena Castello

Monday October 2, 2023- 12 people

Mission and Heritage Week 2023- An annual week-long celebration, focusing on our Franciscan Felician values.

- Interfaith Panel on Reverencing the Other - 20 people
- Blessing of Coaches and Athletes - 25 people
- Campus Cleanup Day - 10 people

Festival of Lights 2023-An annual campus wide interfaith event, inviting all members of the community including members from Christian, Islamic and Judaic faith backgrounds to celebrate the upcoming holidays together. Students were able to stuff a plush, make a hot-chocolate beverage with toppings, listen to caroling, experience foods and talks with different faiths and sign a heart board.

Average of 45 people

Daily Advent Reflections 2023- Members of the university community were invited to write a reflection during the season of Advent, based upon the Scriptural readings of the day allowing faculty, staff, and students to take a few moments to prepare for Christmas despite the business of the semester.

Average of 24 people

Sacraments- Daily Mass is offered every week on both campuses including Mass on Sunday evening for students returning to campus after the weekend. Students are also given the opportunity for the Sacrament of Confession.

Average of 12 people

Spring 2024-Campus Ministry Events

Seek Conference- The Seek Conference is an annual conference gathering over 10,000 university students from across the United States sponsored by FOCUS, the Fellowship of Catholic University Students. The conference spans several days and students listened to inspiring talks, homilies and Christian music, experienced prayer and met other Christian college students. The students who attended call the conference, “amazing” and “life-changing”.

January 2024-10 people-Minnesota

Felician Letter Writing Campaign-All members of the Felician University community were warmly invited to write a letter to one of our Felician Sisters in honor of Sister Appreciation Week 2024.

February 2024-Average of 125 people

Identity Women's Retreat-An annual retreat sponsored by the Archdiocese of Newark for Christian Women from Universities throughout New Jersey. Students experience fellowship, prayer and inspiring talks and music throughout the weekend.

March 2024-5 people

Campus Ministry Pizza and Game Night-All students were invited to spend a few hours playing games, eating pizza and enjoying each other's company.

March 6, 2024-12 people

Saint Joseph Altar-An ancient Catholic tradition honoring the unique role that Saint Joseph played in the life of Jesus Christ. Students were invited to take a snack and or prayer card honoring St. Joseph.

March 17, 2024-36 people

Tepeyac Hill Club- An interest meeting, for all members of the University community devoted to Our Lady of Guadalupe and interested in spreading devotion to her.

April 15, 2024-5 people

Canvas Paint a Tote Event-Members of the University community were invited to take some time during the lunch hours to design a canvas tote with a scripture verse or artwork of their choice.

April 2024-12 people

May Crowning-An annual Catholic tradition in honor of the Blessed Virgin Mary. Marian songs are sung, prayer recited, and the event culminates with a wreath of flowers, or a crown being placed on the head of a statue of the Blessed Virgin Mary.

May 2024- 30 people

Baccalaureate Mass- A Catholic Mass traditionally celebrated for graduating seniors and their families offering a final blessing to each graduate as they prepare to leave the University.

Sunday May 19, 2024-140 people

Sacraments- Daily Mass is offered every week on both campuses including Mass on Sunday evening for students returning to campus after the weekend. Students are also given the opportunity for the Sacrament of Confession.

Average of 15-18 people

Campus Ministry Weekly Bible Study- Every week a bible study was offered to the university community as an opportunity to reflect on Sacred Scripture.

Average of 5-6 people

Housing and Residence Life

Felician University's Housing and Residence Life program fosters a safe and supportive living-learning environment for students. Alcohol and other drugs are strictly prohibited within the residence halls. The Residence Life team—comprising of 19 student Resident Assistants (RAs), 3 Graduate Assistants (GAs), 8 On-Call Administrators (OCAs), and Central Administrative Staff—plays a pivotal role in upholding these policies. Through enforcement of the Felician University Medical Amnesty Policy and the Student Substance Abuse Policy, the team ensures the safety, well-being, and compliance of all residents.

Residence Life Programming Model

The Residence Life programming model incorporates alcohol and other drug prevention into its framework, ensuring that all residents are educated and supported in making healthy choices. This programming model includes the following elements:

1. Social Programs

- **Purpose:** To build community among residents and create supportive environments that discourage alcohol and drug use.
- **Alcohol and Other Drug Prevention Focus:**
 - Social programs provide substance-free activities to promote healthier lifestyle choices.
 - **Examples:**
 - **Sober Socials:** Game nights, movie screenings, or trivia events to offer alternatives to substance-focused gatherings.
 - **Team-Building Events:** Activities that foster community engagement and reduce isolation, a factor in substance misuse.
- **Requirements:**
 - Each RA is responsible for organizing one social program within the first month of the semester for their assigned residents.

2. Floor/Area Team Programs

- **Purpose:** To foster deeper connections and engage students with meaningful content that supports the four pillars in the Residence Life framework.
- **Alcohol and Other Drug Prevention Focus:**
 - Programs align with the pillars while addressing themes related to alcohol and drug misuse prevention:
 - **Pillar 1: Support Persistence and Retention**
 - Programs emphasize self-care and coping mechanisms to reduce reliance on substances.
 - Discussions on how alcohol and drug use impacts academic success and decision-making.
 - **Pillar 2: Empowerment of Respect, Compassion, and Empathy**
 - Sessions encourage empathy for others impacted by substance use.
 - Activities focus on supporting peers and fostering respect for healthy choices.
 - **Pillar 3: Facilitation of Connections and Representation**
 - Programs highlight the importance of trust-building within the community, reducing substance-related behaviors.
 - **Pillar 4: Develop Diverse and Inclusive Partnerships**

- Sessions explore global and cultural perspectives on alcohol and drug use.
- Programs focus on emotional intelligence and decision-making in peer scenarios.
- **Requirements:**
 - Each RA floor/area team is responsible for hosting two programs per semester aligned with these pillars.

3. Passive Programs

- **Purpose:** To deliver educational content in a format that residents can engage with at their own pace.
- **Alcohol and Other Drug Prevention Focus:**
 - Content includes:
 - **Substance Use Risks:** Information on the effects of alcohol and drugs on physical and mental health.
 - **Campus Resources:** Details about counseling, recovery programs, and wellness initiatives.
 - **Preventative Strategies:** Stress management tips to prevent/reduce reliance on substances.
 - **Examples:**
 - Infographics on the dangers of binge drinking or drug use.
 - Posters promoting harm reduction strategies.
- **Requirements:**
 - Each RA designs one passive program per semester for their assigned residents or the entire building.

4. Campus-Wide Event Engagement

- **Purpose:** To encourage residents to engage in university events that promote healthy, substance-free lifestyles.
- **Alcohol and Other Drug Prevention Focus:**
 - Events support recovery awareness, mental health, and wellness initiatives.
 - **Examples:**
 - Taking residents to Alcohol Awareness Week events.
 - Encouraging participation in National Recovery Month programming.
- **Requirements:**
 - Each RA takes their assigned residents to at least one campus-wide event per semester.

5. Intentional Connections with Residents

- **Purpose:** To build trust and identify individual student needs through structured conversations.
- **Alcohol and Other Drug Prevention Focus:**
 - Conversations are guided by prompts that:
 - Encourage reflection on stressors and coping strategies.
 - Allow students to voice concerns related to substance use or peer pressure.
 - Educate residents on available resources for addressing substance-related challenges.
 - RAs are trained to identify early signs of substance misuse and offer non-judgmental support.
- **Requirements:**

- Each RA is responsible for connecting with their assigned residents throughout the semester.

6. Educational Bulletin Boards and Door Decs

- **Purpose:** To provide consistent, visually engaging content.
- **Alcohol and Other Drug Prevention Focus:**
 - **Bulletin Boards:**
 - Topics include:
 - The risks of alcohol and drug misuse.
 - Campus resources for prevention, recovery, and support.
 - Information about campus alcohol and drug policies and state laws.
 - **Door Dec:**
 - Create a sense of belonging, reducing isolation—a risk factor for substance misuse.
- **Requirements:**
 - Monthly bulletin boards, with at least one focusing on alcohol and other drug prevention.

Incident Reporting and Data

- **Purpose:** To monitor and address substance use within residence halls, ensuring a safe environment.
- **Alcohol and Other Drug Prevention Focus:**
 - **Documentation:** Incidents are tracked to guide programming and prevention strategies.
 - **Training for RAs:** RAs are trained to recognize substance misuse and provide appropriate interventions.

Collaborations and Partnerships

Housing and Residence Life collaborates with:

- **Counseling and Wellness Services:**
 - Offering workshops, recovery support, and co-sponsored events like Alcohol Awareness Week and National Recovery Month.
- **Conduct Office:**
 - Educational modules such as Alcohol and Other Drugs, required for all housing students, provide critical prevention education.
 - Supportive enforcement of university policies related to substance use.
- **Campus Safety:**
 - Training RAs on intervention practices and ensuring swift responses to incidents.

Future Enhancements

1. Expand training for RAs on recognizing and addressing substance misuse.
2. Introduce surveys to assess program effectiveness and student engagement.
3. Increase availability social events and peer-led initiatives with more focuses on Alcohol and Other Drug Prevention.

4. Enhance educational materials, including a dedicated Health and Wellness Bulletin Board on alcohol and other drug prevention in collaboration with Wellness and Counseling Services.

Conclusion

Housing and Residence Life's contributions to alcohol and other drug prevention demonstrate a commitment to fostering a healthy and supportive residential community. By integrating education, prevention, and collaboration into its programming, Residence Life aligns with Felician University's broader efforts to create a safe and informed campus environment.

Felician University Department of Athletics

The Department of Athletics is an integral part of Felician University's goal of pursuing truth and preparing students for service. Our mission in Athletics is to serve and develop our student-athletes in three distinct areas: spiritually, intellectually, and physically. Our vision in Athletics seeks our surroundings and university communities positively influenced by the way we compete. As we strive to win championships, we endeavor to exemplify the mission of Saint Francis. Our sports programs are designed not only to develop student-athletes, but also to have an impact on those who observe us and share in our competition. Student-athletes are role models and ambassadors of Saint Francis on and off the playing field.

Substance abuse is one of the most important issues facing athletics and society today. The use of illegal drugs, misuse of legal drugs and supplements, use of performance-enhancing substances, misuse of alcohol and inappropriate use of tobacco are completely inconsistent with the standards expected of student-athletes at Felician University. Because of this belief, the Department of Athletics chooses to take a strong and proactive stand against student use and/or involvement with alcohol, tobacco, performance enhancing and illicit drugs. Knowing the seriousness of drug and alcohol abuse and how detrimental it is to an individual's physical and mental wellbeing, the student-athlete's health, safety, and welfare are our first priority.

Every member of the athletic community is responsible for knowing the risks associated with substance abuse. Medically and socially, the risks can seriously interfere with an individual's performance both as a student and as an athlete and can endanger the well-being of their teammates. Therefore, student athletes, coaches, and staff are obligated to know the relevant university policies, federal, state, NCAA, and local laws and to conduct themselves in accordance with these policies and laws.

Purpose

The purpose of the Department of Athletics Alcohol, Tobacco, and other Drug Education and Testing Policies is to prevent substance use and abuse by student-athletes through education, testing, and professional guidance:

- Education - Providing student-athletes and Department of Athletics staff members with accurate information about the problems associated with substance use in sports and promoting health and safety in sports.
- Testing - Analyzing biological specimens to detect prohibited substances student-athletes may introduce to their bodies and punitive consequences resulting from use.
- Professional referral- Facilitating appropriate treatment and rehabilitation of student-athletes.

Student-Athlete Orientation

We had a speaker from Counseling and Wellness Services and BCDP address mental health and substance use with the student-athletes during our Orientation for the Fall 2023 and Winter 2024.

Alcohol, Tobacco, and Other Drug Education

Participants who are educated about substance use in athletics are more likely to make informed and intelligent decisions about usage. Therefore, all Felician University student-athletes are required to attend the Substance Abuse Seminar for Athletes. This program is designed to review individual teams, Department of Athletics, institutional, conference, and NCAA alcohol, tobacco, and other drug policies. Appropriate educational materials have been made available to participants including the Department of Athletics Alcohol, Tobacco, and other Drug Education and Testing Policies along with a list of banned substances. All student-athletes and staff members are required to attend. Make-up sessions are available for participants who must miss a scheduled educational session for an approved reason.

In addition to educating all parties about the various policies, a review of the institutional drug-testing program requirements is conducted. Sessions include a review of NCAA alcohol, tobacco, and drug policies including the tobacco ban, list of banned drug classes and testing protocol. Nutritional supplements and their inherent risks are discussed. Time is allowed for questions from participants. Educational programs may be specially arranged to provide participants with the opportunity to learn more about specific dangers of substance abuse.

Consent to Participate

Conditional to participation in intercollegiate athletics at Felician University, each student-athlete is required to sign a consent form agreeing to undergo drug and alcohol testing and authorize release of test results in accordance with this policy (See Appendix D). Failure to consent to or to comply with the requirements of this policy may result in loss of scholarship, suspension from practice and/or competition, or termination of eligibility to participate in intercollegiate athletics at Felician University. Each student-athlete is provided with a copy of this policy and is required to participate in an informative session describing the alcohol, tobacco, and other drug education and testing policies.

Alcohol Policy

Felician University prohibits the use of alcohol. It is the responsibility of every member of the Felician University community to know the risks associated with alcohol use. This responsibility obligates student-athletes to know relevant university policies and federal, state, and local laws and to conduct themselves in accordance with these laws and policies. In addition, a “dry recruitment” policy exists. Prospective student-athletes visiting campus and socializing with current students are expected to participate in all activities without the influence of alcohol. Possession or consumption of alcoholic beverages by individuals under the age of 21 is a violation of state liquor laws. Likewise, it is illegal for anyone to supply alcoholic beverages to persons under the age of 21. The discovery of a violation of the alcohol policy will result in disciplinary action.

Tobacco Policy

All game personnel at Felician University (e.g. student-athletes, coaches, trainers, managers, and game officials) are prohibited from using tobacco products during practice and competition. The discovery of a violation of the Tobacco Policy will result in disciplinary action.

Other Prohibited Drugs/Substances

The drug screening process may include analysis of, but is not limited to, the list of banned-drug classes, which can be found in Appendix A. Other prohibited substances that Felician University may screen for include alcohol, hallucinogens, opiates, barbiturates, tranquilizers, MDMA (Ecstasy) and flunitrazepam (Rohypnol). Felician University requires that all student-athletes keep the athletic training staff and/or team physician aware of any prescribed drugs that he/she may be taking. Student-athletes are encouraged to contact The National Center for Drug Free Sport for questions or concerns regarding banned substances, including nutritional supplements.

The Center's website is <http://www.drugfreesport.com>.

Selected Types of Drug Testing

A. Unannounced Random Testing

All student-athletes who have signed the Institutional drug-testing consent form and are listed on the institutional squad list are subject to unannounced random testing. Student-athletes are selected from the official institutional squad list by using a computerized random number program when available or a random blind draw from a complete grouping of the athlete's names.

B. Reasonable Suspicion Screening

A student-athlete may be subject to testing at any time when, in the judgment of the Director of Athletics or his/her designee determines there is a reasonable belief to suspect the participant is using a prohibited drug. Such reasonable suspicion may be based on information presented to the Director of Athletics or his/her designee by the Assistant Director of Athletics, Head Athletic Trainer, Assistant Athletic Trainer, Head Coach, Assistant Coach, or Team Physician.

Reasonable suspicion may be found, but not limited to:

1. Observed possession or use of substances appearing to be prohibited drugs,
2. Arrest or conviction for a criminal offense related to the possession or transfer of prohibited drugs – not necessarily for profit,
3. Observed abnormal appearance, conduct or behavior that may cause someone to suspect use or abuse of a banned substance. Examples of such abnormal appearance or conduct or behavior may include, but is not limited to the following: decline in academic or athletic performance, missing class, falling asleep in class, significant weight gain or weight loss, lethargy, agitation or nervousness, short temper, acts of violence, or loss of friendships.

If suspected, the Director of Athletics or his/her designee will meet with the student and provide the participant with the Notice of Drug Testing Based on Reasonable Suspicion Form (Appendix C). Once notified, the participant must stay with a member of their coaching staff, the athletics administration staff, or sports medicine staff, until an adequate specimen is produced.

Note: The possession and/or use of illegal substances may be determined by means other than urinalysis. When an individual is found to be in possession and/or using such substances, he/she will be subject to the same procedures that would be followed in the case of a positive urinalysis.

C. NCAA Qualifier Screening

Any participant qualifying for NCAA championship competition may be screened prior to participation in championship activities.

D. Re-entry Testing

A student-athlete who has had his/her eligibility to participate in intercollegiate athletics suspended may be required to undergo multiple re-entry drug and/or alcohol testing prior to

regaining eligibility. The Director of Athletics or his/her designee shall arrange for re-entry testing after the counselor or specialist involved in the student-athlete's case indicates that re-entry into the intercollegiate athletics program is appropriate.

E. Follow-up Testing

A student-athlete who has returned to participation in intercollegiate athletics following a positive drug test under this policy may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee involved in the student-athlete's case.

Notifications and Reporting for Collections

Drug testing may occur at any time throughout the academic year. The student-athlete will be notified of and scheduled for testing by the institution no sooner than 24 hours prior to testing. The Director of Athletics or his/her designee will notify the student-athlete of the date and time to report to the collection station and will have the student-athlete read and sign the Student-Athlete Notification of Drug Testing Form (Appendix B).

The Director of Athletics or his/her designee must be in the collection station to certify the identity of the student-athletes selected. The Director of Athletics or his/her designee must remain in the collection station until all student-athletes have completed the collection process. Student-athletes shall provide picture identification when entering the drug-testing station. Student-athletes shall provide picture identification when entering the drug-testing station.

Specimen Collection Procedures

Felician University has two (2) alternatives to collecting specimen samples. The first alternative is an In-House Screen Testing which will be administered by Felician University personnel authorized by and including the Director of Athletics or his/her designee and the Head Athletic Trainer. The second alternative is testing administered by an Approved Collector through The National Center for Drug Free Sport.

Approved Collector Testing

Only the Director of Athletics or his/her designee and those persons authorized by the approved collector will be allowed in the collection station.

The approved collector may release a sick or injured student-athlete from the collection station or may release a student-athlete to return to competition or to meet academic obligations only after appropriate arrangements for having the student-athlete tested have been made and documented on the Student-Athlete Notification Form.

Upon entering the collection station, the Director of Athletics or his/her designee will identify the student-athlete. When ready to urinate, the student-athlete will wash their hands and select a sealed beaker from a supply of such and will record his/her initials on the beaker's lid. A trained approved collector will monitor the furnishing of the specimen by observation in order to assure the integrity of the specimen until a specimen of at least 85 mL is provided.

- Once a specimen of at least 85 mL is provided, the student-athlete is responsible for keeping the collection beaker closed and controlled.
- Fluids and foods given to student-athletes who have difficulty voiding must be from sealed containers (certified by the approved collector) that are opened and consumed in the collection station. These must be free of any banned substances.

- If the specimen is incomplete, the student-athlete must remain in the collection station until the sample is completed. During this period, the student-athlete is responsible for keeping the collection beaker closed and controlled.
- The laboratory will make final determination of specimen adequacy.
- If the laboratory determines that a student-athlete's specimen is inadequate for analysis, at the institution's discretion, another specimen may be collected.
- If a student-athlete is suspected of manipulating specimens (e.g., via dilution, adulteration, substitution), the participant will be deemed to have refused to submit to testing and treated as if the test were positive for a banned substance. Felician University will have the authority to perform additional tests on the student-athlete.
- Once a specimen has been provided, the student-athlete will select a specimen collection kit and a uniquely numbered Student-Athlete Signature Form from a supply of such.
- The approved collector who monitored the furnishing of the specimen by observation will sign the Student-Athlete Signature Form.
- The student-athlete will pour approximately 60 mL of the specimen into the "A" vial and the remaining amount (approximately 25 mL) into the "B" vial.
- The student-athlete will place the cap on each vial; the approved collector will then seal each vial in the required manner under the observation of the student-athlete and witness (if present).
- The laboratory's copy of the Student-Athlete Signature Form shall not contain the name of the student-athlete.
- All sealed specimens will be secured in a shipping case. The approved collector will put the laboratory copy of the Student-Athlete Signature Form in the case, and prepare the case for forwarding.
- The student-athlete and witness (if present) will sign the Student-Athlete Signature Form, certifying that the procedures were followed as described in the protocol. Any deviation from the procedures must be described and recorded on the Student-Athlete Signature Form at that time. If deviations are alleged, the student-athlete will be required to provide another specimen.
- The approved collector will sign the Student-Athlete Signature Form, give the student-athlete or a designee a copy and secure all remaining copies. The compiled Student-Athlete Signature Forms constitute the "Master Code" for that drug testing.
- After the collection has been completed, the specimens will be forwarded to the laboratory and all copies of all forms forwarded to the designated persons.
- Failure to sign the Student-Athlete Notification Form or the Student-Athlete Signature Form, arrive at the collection station at the designated time without justification, or provide a urine specimen according to protocol is cause for the same action(s) as evidence of use of a banned substance. The Director of Athletics or his/her designee will inform the student-athlete of these implications (in the presence of witnesses) and record such on the Student-Athlete Notification Form. If the student-athlete is not available, he/she will be considered to have withdrawn consent and will be ineligible on that basis.
- When an approved collector from The National Center for Drug Free Sport administers the drug testing, Felician University will follow their guidelines and procedures for testing. Therefore, the above description is subject to change based on their protocol.

In-House Screen Testing

The procedures for the Approved Collector Testing will be followed with the following exceptions:

- When ready to urinate, the student-athlete will select a sealed screen test from a supply of such and will follow the instructions on the screen test in recording initials and/or identification.
- The amount of specimen needed will correlate to the amount specified on the screen test.
- Fluids and food given student-athletes who have difficulty voiding must be from sealed containers (certified by the Director of Athletics and/or Head Athletic Trainer) that are opened and consumed in the station. These items must be free of banned substances.
- Once a specimen is provided, the student-athlete will follow instructions from the screen test and close the lid with the required test strips in place.
- Once the specimen is given to the Director of Athletics and/or Head Athletic Trainer, the student-athlete will select a Student-Athlete Signature Form from a supply of such.
- The student-athlete will sign the Student-Athlete Signature Form, certifying that the procedures were followed as described in the protocol. Any deviation from the procedures must be described and recorded on the Student-Athlete Signature Form at that time. If deviations are alleged, the student-athlete will be required to provide another specimen.
- After the collection has been completed, the specimen will be sent to an approved laboratory by The National Center for Drug Free Sport and evaluated.
- The Director of Athletics and/or the Head Athletic Trainer who monitored the furnishing of the specimen will sign the Student-Athlete Signature Form. The Director of Athletics will then secure the Student-Athlete Signature Form.
- Failure to sign the Student-Athlete Notification Form or the Student-Athlete Signature Form, arrive at the collection station at the designated time without justification, or provide a urine specimen according to the screen test protocol is cause for the same action(s) as evidence of use of a banned substance. If the student-athlete is not available, he/she will be considered to have withdrawn consent and will be ineligible on that basis

Reporting Results

Urine samples will be collected and sent to an independent laboratory approved by The National Center for Drug Free Sport for analysis. Each sample will be tested to determine if banned drugs are present. In the event of a positive drug test, the results will be made available to the Director of Athletics, Head Athletic Trainer or his/her designee (e.g., institutional team physician, medical review official – MRO).

A test result confirmed as positive by the laboratory does not automatically identify the student-athlete as having engaged in prohibited drug or alcohol use. Each positive test result will therefore be reviewed by the MRO who will determine if there is an acceptable explanation for the test result.

If the laboratory reports a specimen as substituted or adulterated, the student-athlete will be deemed to have refused to submit to testing.

All positive tests which are verified by the MRO and all reports of specimen adulteration or substitution shall be reported to the Director of Athletics and/or his/her designee, the Head Athletic Trainer, the student-athlete's coach, and a substance abuse counselor.

Penalties

Refusal to sign a Consent Form, Notice of Drug Testing Form, and the Student-Athlete Signature Form prohibits a student-athlete from participating in any intercollegiate sport at Felician University. Any athletic scholarship aid will be revoked at the earliest possible moment consistent with university and conference rules.

Any student-athlete who is found guilty of serious criminal misconduct (e.g., drug trafficking, driving while impaired) will not be permitted to participate in any intercollegiate sport at Felician University. Any athletic scholarship aid will be revoked at the earliest possible moment consistent with university and conference rules.

Any student-athlete who tests positive for a banned substance, fails to arrive or leaves before a specimen is given, or who refuses to submit to a required drug test as described in this policy is subject to the following sanctions.

Felician University will be following the NCAA Drug Testing Penalties as listed below.

First Offense

- The student-athlete will be immediately suspended from participation (conditioning, weight training, practice, and competition) in any and all intercollegiate athletics at Felician University for a period of time up to and not exceeding one year from the date of testing.
- The student-athlete will be required to attend a confidential meeting with the Director of Athletics and the student-athlete's head coach. The student-athlete will be asked to discuss the nature and extent of his/her involvement with prohibited drugs and/or alcohol.
- The student-athlete will be required to attend a confidential meeting with the Director of Athletics and the Vice-President for Student Affairs after the student-athlete tests positive for a banned substance.
- The student-athlete will be required to see a counselor who shall determine the appropriate form(s) of intervention and rehabilitation needed by the student-athlete, based on the circumstances of the case.
- The student-athlete will not be permitted to return to participation in intercollegiate athletics until he/she has complied with the counselor's directions for treatment and has had a negative result on a re-entry drug and/or alcohol test.
- If the student-athlete regains his/her eligibility to participate in intercollegiate athletics, he/she will be required to undergo unannounced follow-up testing(s).
- Failing to comply with the counselor's directions for treatment, having a positive result on a re-entry drug or alcohol test will be deemed as an additional offense for purposes of determining sanctions under this policy.

Second Offense

- Upon a second positive test result, the student-athlete will be dismissed from the Felician University Department of Athletics program indefinitely and all existing Athletics financial aid will be terminated immediately.

Self-Referral Policy

A student-athlete who has engaged in prohibited drug or alcohol use is encouraged to seek assistance from the Department of Athletics by voluntarily disclosing his/her use.

If the student-athlete seeks assistance *prior* to being identified as having violated this policy or being notified that he/she must undergo testing, the impermissible use will not be deemed an offense for purposes of determining sanctions under this policy; however, the student-athlete will be ineligible to participate (conditioning, weight training, practice, and competition) in intercollegiate athletics pending an evaluation. A student-athlete is permitted to use the Self-Referral Policy only once during his/her intercollegiate athletics career at Felician University.

1. The student-athlete will be required to undergo an evaluation by a substance abuse counselor. The counselor shall determine the appropriate form(s) of intervention and rehabilitation needed by the student-athlete, based on the circumstances of the case. The counselor will provide a summary of his/her findings and recommendations to the Director of Athletics.
2. The student-athlete will not be permitted to return to participation in intercollegiate athletics until the counselor has interviewed the student-athlete following the conclusion of the recommended treatment (or stage of treatment, as applicable). The student-athlete will be required to undergo drug and/or alcohol testing as part of the re-entry evaluation.
3. Failing to complete the treatment recommended by the counselor or having a positive result on a re-entry drug or alcohol test will be deemed a second offense under this policy.
4. If the student-athlete regains his/her eligibility to participate in intercollegiate athletics, he/she may be required to undergo unannounced follow-up tests at the discretion of the Director of Athletics.

Appeal Process

Once the Director of Athletics or his/her designee has made the determination of the outcome of the drug test or the participant's non-compliance with the institution's policy, the participant will be notified in writing of such by the Director of Athletics or his/her designee. The participant may request an appeal of the sanctions imposed. The request for an appeal must be placed in writing to the Director of Athletics within 72 hours of the written notification from the Director of Athletics or his/her designee and it must include specific reasons for an appeal. If an appeal is granted, a meeting will involve the participant with the Director of Athletics, Vice-President of Administration, the participant's head coach, and the Head Athletic Trainer. A final decision will be made available in writing to the participant from the Director of Athletics or his/her designee within 72 hours of the appeal.

Confidentiality

Every effort will be made to maintain the confidentiality of the student-athlete. The program has been designed for the protection of all our participants as well as others associated with the athletics program. Felician University is not a governmental/law enforcement agency. However, the occasion could arise when Felician University is required, or asked, to cooperate with law enforcement agencies in legal action. Under appropriate circumstances, these requests will be honored.

Additional Information

If you have any questions regarding this program, please contact:

Andrew Toriello

Director of Athletics

201.559.3185

torielloa@felician.edu

Drug Screenings Data

The Department of Athletics had 54 student-athletes randomly drug screened in 2023-2024. According to policy, any student-athlete that tests positive is sent to the University's Counseling Center to facilitate the athlete meeting with a licensed clinician as is NCAA best practices. The student-athlete, per the Department of Athletics drug and alcohol policy first offence, receives a 50% suspension from regularly scheduled contests. The student-athlete is then given a re-entry drug test one week prior to the return to participation.

Policy and Enforcement of Disciplinary Sanctions

Substance Use, Medical Amnesty, and Overdose policies were updated during the 2020-2021 academic year.

The Felician University conduct policy is overseen by the Director of Community Rights and Responsibilities who reports to the Associate Dean/Title IX Coordinator for Student Affairs. The Director of Community Rights and Responsibilities is charged with monitoring policy, procedure, and timely administration of the conduct process, entailing the adjudication of all reported incidents, establishing educational outcomes, including sanctions and stipulations, for violators of policy.

A student charged with an alcohol or other drug violation has the right to meet with the Student Conduct Officer who is the Director of Community Rights and Responsibilities or the University Student Judicial Board.

If a student charged with an alcohol or other drug violation chooses to meet with the Student Conduct Officer, the student has a right to an appeal. If a student chooses to meet with the Judicial Board, the student will have a right to appeal a decision, provided the student submits the appeal in writing within 3 business days, based upon four grounds:

1. To determine whether the original hearing was conducted fairly;
2. To determine whether the facts in the case were sufficient to establish that a violation of the Code of Conduct had occurred;
3. To determine whether the sanctions imposed were appropriate for the violation of the Code of Conduct that the student was found to have committed, or
4. To consider new evidence, sufficient to alter the decision or other relevant facts not brought out in the original hearing, because the person appealing did not know the evidence/facts at the time of the original hearing.

Student Conduct Board hearings include a combination of faculty and staff members, but do not include the Conduct Officer, who is not a part of the decision-making. The Conduct Officer, however, follows a script that allows for students to:

1. Introduce an Advisor (A student may have an advisor present but only the student can participate in the hearing);
2. Introduce the accused and the accuser so that they both have exercised their right to face each other in a fair, even field;
3. Introduce the Board Members;
4. Hear the charges filed against them;
5. Hear their rights as to the process that will follow;
6. Give a statement and hear statements of the accuser, accused, reporting staff and witnesses;
7. Have ample time to ask and answer questions from all parties present;

8. Wait for the board to deliberate and give a decision on responsibility as well as appropriate sanctioning;
9. Hear the appeals process if necessary.

When a student violates the Felician University Substance Abuse Policy, the student will receive a packet which includes:

- a notice to appear, including a date, time and location of the meeting,
- a copy of the charges,
- a copy of the Student Code of Conduct highlighting what policy violation is in question and how the Student Conduct process works.

These policies appear in the Student Handbook and are presented to all incoming first year students.

Violation and Sanction Data

Below you will find statistical data of all the incidents involving alcohol and other drugs for the academic years 2021-2022 and 2023-2024:

Academic Year	Alcohol Violations	Drug Violations
2021-2022	42	22
2023-2024	12	13

All of the above incidents are alleged. Approximately 1/4 of the alcohol violations and 1/3 of the drug violations of the total students involved in these incidents were either found responsible for possession or consumption. All numbers contain underage students and of-age students as Felician University residence halls are dry.

The following graph indicates the number and type of sanctions levied.

Sanction Type	Number of Sanctions	
	2021-2022	2023-2024
Alcohol Education Course	1	0
Counseling	9	12
Community Service	0	0

Probation	46	80
Fines	63	43
Residence Hall Expulsion	4	0
University Expulsion	1	1

If a student fails to complete the sanctions that are levied by the University Conduct Officer, the student is charged with the following:

11. Abuse of the University Student Conduct System:

- h. Failure to comply with the sanction(s) imposed under the Student Code

The result may include additional sanctions, suspension or eventual possible expulsion from the University.

Felician University Alcohol and Other Drug Policy

Alcoholic beverages are not permitted for students on the Felician University campus regardless of age. The Rutherford Campus residence halls are considered "Dry," defined as any alcoholic beverages or containers being prohibited.

Felician University students or guests of Felician University students, regardless of age, are forbidden to possess, consume or distribute alcoholic beverages on the Felician University campus.

Possession of full, partially full, or empty alcoholic beverage containers, including but not limited to, beer cans, kegs, liquor, wine and champagne bottles is prohibited.

Being in the presence or transportation of open or closed alcoholic beverages is prohibited.

Providing large quantities of alcohol to others puts the community and its members at risk. For this reason, possession of kegs of beer or beer containers over thirty-two ounces are considered serious policy violations.

As per the Alcohol Policy, staff has the right to inspect suspicious packages and coverings transported into the residence halls. Residence Life staff members also have the right to search a University issued hot/cold unit if there is any suspicion of an illegal substance inside.

Providing there is cause to believe that this policy is being violated within the residence halls, Felician Security, in the presence of Felician Staff, may search any belongings and seize prohibited substances as well as paraphernalia. Students found in violation of this policy will be subject to the process outlined in the Student Code of Conduct, Rights, and Responsibilities.

NOTE: Felician University reserves the right to grant the below sanctions based on violations of the student conduct code. These sanctions are granted on a consistent basis, however, there may be some outstanding cases that warrant discretionary sanctions. The goal of the University is to grant appropriate correctives in order to promote a healthy and safe educational environment and the well-being of every student.

Specific Violations and Sanctions:

1. Being in any room/area where alcohol is present.
 - a. 1st violation: \$50.00 fine and warning
 - b. 2nd violation: \$100.00 fine, clinical assessment, and Alcohol and Other Drug online program
 - c. 3rd violation: \$200.00 fine and probation
2. Transporting an open/closed container of alcohol across common spaces of the university (lounges, dining areas, hallways, courtyards, parking lots, etc.).
 - a. 1st violation: \$50.00 fine and warning
 - b. 2nd violation: \$100.00 fine, clinical assessment, and Alcohol and Other Drug online program
 - c. 3rd violation: \$200.00 fine and probation
3. Possession, consumption, or sale of alcohol (empty/partially full or full bottles, cans, containers, etc.) while on University grounds/property, which includes residential rooms. Alcoholic containers, including but not limited to empty or full beer cans or bottles, are not permitted as room decorations.
 - a. 1st violation: \$100.00 fine and Alcohol and Other Drug online program
 - b. 2nd violation: \$200.00 fine, probation and clinical assessment
 - c. 3rd violation: \$400.00 fine, suspension or Persona Non Grata from residence halls, and permitted to only attend campus for enrolled classes
4. Under the influence/public intoxication in a residence facility, common space, or on property.
 - a. 1st violation: \$100.00 fine and Alcohol and Other Drug online program
 - b. 2nd violation: \$200.00 fine, probation and clinical assessment
 - c. 3rd violation: \$400.00 fine, suspension or Persona Non Grata from residence halls, and permitted to only attend campus for enrolled classes

5. Hosting a party in a resident's room where alcohol, drugs, or drug paraphernalia are present.
 - a. 1st violation: \$100.00 fine and Alcohol and Other Drug online program
 - b. 2nd violation: \$200.00 fine, probation and clinical assessment
 - c. 3rd violation: \$400.00 fine, suspension or Persona Non Grata from residence halls, and permitted to only attend campus for enrolled classes
6. Purchasing or providing alcohol to minors.
 - a. 1st violation: \$100.00 fine and Alcohol and Other Drug online program
 - b. 2nd violation: \$200.00 fine, probation and clinical assessment
 - c. 3rd violation: \$400.00 fine, suspension or Persona Non Grata from residence halls, and permitted to only attend campus for enrolled classes
7. Being in any room/area where an illegal drug is present.
 - a. 1st violation: \$100 fine and warning
 - b. 2nd violation: \$200 fine, clinical assessment, and drug online program
 - c. 3rd violation: \$300 fine and probation
8. Sale, use, distribution, manufacture, dispensing or possession of illegal drugs and drug paraphernalia.
 - a. 1st violation: \$150.00 fine, probation and clinical assessment
 - b. 2nd violation: \$300.00 fine, suspension or Persona Non Grata from residence halls, and permitted to only attend campus for enrolled classes
 - c. 3rd violation: \$500.00 fine, residence hall and university expulsion

As Felician University is dedicated to providing a safer campus, the sanctions that are imposed for underage possession or consumption are taken very seriously. Because alcohol is prohibited in the residence halls, students of legal drinking age can also be sanctioned for possession and consumption.

Sanctions for alcohol and other drug violations require online education. These programs designed by Vector Solutions, and purchased for use by the university, aim to help students learn valuable information about substance abuse and their own use patterns. Meeting and consultation with the Felician University AOD Education Coordinator is also possible. For students who are not of legal drinking age, an online education program is given to students who have their first offense. For those who have their second offense, they are to complete an

alcohol/drug assessment with the Counselor/AOD Education Coordinator. For students 21 years of age or older, consultation with the Counselor, AOD Education Coordinator is at the discretion of the hearing officer.

The following is a list of possible sanctions a student could receive for an Alcohol or Other Drug Violation:

- **Probation** – A written reprimand for a violation of a specified regulation. Probation is for a designated period of time and includes the probability of more severe sanctions if the student is found to be violating any University regulation(s) during the probationary period.
- **Online AOD Education Programs** – Programs are assigned to any student who violates an alcohol or drug policy.
- **Fines** – Appropriate fine may be imposed.
- **Restitution** – Compensation for loss, damage, or injury. This may take the form of service and/or monetary or material replacement.
- **Residence Hall Suspension** – Separation of the student from the residence halls for a definite period of time, after which the student is eligible to return. Conditions for readmission may be specified.
- **Residence Hall Expulsion** – Permanent separation of the student from the residence halls.
- **University Suspension** – Separation of the student from the University for a definite period of time, after which the student is eligible to return. Conditions for readmission may be specified.
- **University Expulsion** – Permanent separation of the student from the University.
- **Interim Suspension** – In certain circumstances, the Vice President of Enrollment Management, Student Affairs, Compliance, or a designee, may impose a University or residence hall suspension prior to the hearing before a judicial body.
 - Interim suspension may be imposed only:
 - to ensure the safety and well-being of members of the University community or preservation of University property;
 - to ensure the student's own physical or emotional safety and well-being;
 - if the student poses a definite threat of disruption of or interference with normal operations of the University.
 - During the interim suspension, students shall be denied access to the residence halls and/or to the campus (including classes) and/or all other activities or privileges for which the student might otherwise be eligible, as the Vice President for Student Affairs, or designee, may determine to be appropriate.

The following sanctions may be imposed upon groups or organizations:

- **Any of the above sanctions**
- **Deactivation** – loss of privileges, including University recognition, for a specified period of time.

Note: More than one sanction may be imposed for any single violation. Other than University expulsion, disciplinary sanctions shall not be made part of the student's permanent academic record but shall become part of the student's confidential record. Upon graduation, the student's confidential record may be expunged of disciplinary action other than residence hall expulsion, University expulsion or suspension, upon application to the Vice Presidents of Enrollment Management, Student Affairs, or Compliance. Cases involving the imposition of sanctions other than residence hall expulsion, University suspension or expulsion shall be expunged from the student's confidential record within five years after the final disposition of the case.

Felician University Medical Amnesty Policy

At Felician University, the health, well-being, and overall safety of the student body is our utmost concern. Therefore, a Medical Amnesty Policy has been put in place to increase the possibility of timely and appropriate medical attention in an emergency situation where an individual may be experiencing either alcohol poisoning or a drug overdose. This policy allows students to contact Residence Life or emergency personnel, including campus security, local police, or ambulance, either for themselves or another student without fear of being charged with a violation of the Felician University Code of Conduct.

Medical Amnesty for Alcohol and Drug Emergencies applies in the case of the following:

- Possession of alcohol or drugs by a minor (Minor in Possession)
- Unauthorized possession or use of alcohol or drugs on campus
- Consumption of alcohol by a minor (Minor in Consumption)
- Use of drugs
- Intoxication as the result of using alcohol (including Public Intoxication)

Who is it for?

Amnesty may be granted to a Felician student(s) calling for help, as well as the student who is experiencing the medical emergency.

Who grants amnesty?

The Office of Community Rights and Responsibilities considers students appropriate for amnesty when they are referred for alcohol- and drug-related incidents.

How does it work?

CALL: Call 911 immediately when you see the signs of alcohol poisoning or drug overdose.

STAY: Stay with the person.

HELP: Gently turn the person on their side to facilitate breathing and avoid choking should the person vomit.

ANSWER: Cooperate with all emergency personnel.

What should I do in an alcohol medical emergency?

1. Know the signs of alcohol poisoning.
2. Call 911, even if you're not sure.
3. Stay with the person and cooperate with all emergency personnel.

What should I do in the case of a drug overdose?

1. Know the signs of a drug overdose.
2. Call 911, even if you're not sure.
3. Stay with the person and cooperate with all emergency personnel.
4. If the person has overdosed on an opioid, administer Naloxone, which can be located with Residence Life Staff, at the Security Office, and with all AED devices on campus.

After the incident:

1. Students will be referred to Community Rights and Responsibilities via the Incident Response process and the student(s) involved will be evaluated for amnesty.
2. Students eligible for amnesty will still be required to participate in an educational component and may be referred for an individual consultation, however they will not face formal disciplinary action. Students who decline or fail to attend the educational component or fail to comply with the counselor's recommendations will become subject to formal disciplinary action.

This policy is in no way intended to protect students who continually violate Felician University, local, state, or federal law, and the specific guidelines must be followed in order for the policy to be in effect. This policy does not exempt students from local, state, and federal laws. Underage individuals are protected under the provisions of the 9-1-1 Lifeline Legislation, approved October 1, 2009, in cases of alcohol poisoning, and by the Overdose Prevention Act, approved May 2, 2013. By removing these barriers, we hope to foster a practice of seeking medical attention when necessary to avoid serious health problems or even death.

New Jersey State and Local Laws Regarding Alcohol Offenses and Penalties **State of New Jersey**

The purchase and consumption of alcohol is a right extended by the State of New Jersey. The legal age to purchase and consume alcoholic beverages in the State of New Jersey is twenty-one. (N.J.S.A. 9:17b-1)

Possession or Consumption of Alcoholic Beverages in Public Places by persons under legal age (N.J.S.A. 2C:33-15)

Any person under the legal age to purchase alcoholic beverages who knowingly possesses without legal authority or who knowingly consumes any alcoholic beverage in any school, public conveyance, public place, place of public assembly, or motor vehicle is guilty of a disorderly person's offense and shall be fined not less than \$500.

Purchase of Alcohol by/for the under aged (N.J.S.A. 33:1-81)

An under aged person who purchases or attempts to purchase alcohol, or who misstates his/her age, or a person of legal age who purchases alcohol for an under aged person faces a conviction of a disorderly persons offense, which incurs a fine of not less than \$500 and loss of license for six months. In addition, under aged persons may be required to participate in a state-sponsored alcohol education program.

Offering Alcoholic Beverages to Underage Person (N.J.S.A. 2C:33-17)

Anyone who purposely or knowingly offers or serves or makes available an alcoholic beverage to a person under the legal age for consuming alcoholic beverages or entices that person to drink an alcoholic beverage is a disorderly person. This provision does not apply to certain close relatives, certain activities confined to the home, or if the consumption is part of a religious observance.

Transfer of ID (N.J.S.A. 33:1-81.7)

Someone who is under aged and uses another person's ID card to obtain alcohol, or someone of legal age who gives his/her ID card to an under aged person so that he/she can obtain alcohol, faces a fine of up to \$300 or up to 60 days in jail.

False ID (N.J.S.A. 2C:21-2.1 1d)

A person who knowingly possesses a document or other writing which falsely purports to be a driver's license or other document issued by a governmental agency and which could be used as a means of verifying a person's identity or age or any other personal identifying information is guilty of a crime in the fourth degree.

Host/Hostess Liability

Under a 1984 New Jersey Supreme Court decision, *Kelly vs. Gwinnell*, a host or hostess who serves alcoholic beverages to a guest, knowing that the guest is intoxicated and will soon be driving, can be held liable for injuries inflicted on a third party if that guest is involved in a motor vehicle accident.

Driving While Intoxicated**Operating Motor Vehicles While Under the Influence of Intoxicants (N.J.S.A. 39:4-50)**

A person is said to be legally drunk in New Jersey if his/her blood alcohol concentration is at or above .08%.

Penalties: All persons convicted of DWI must pay an insurance surcharge of \$1,000 per year for three years. In addition:

- For the first offense, there are additional fines and charges between \$250-400 (bringing the total minimum charges for a first offense to \$3,250); Driver's license forfeiture until ignition interlock installed. Interlock required for three months; and a requirement to spend a minimum of six hours a day for two consecutive days in an Intoxicated Driver Resource Center. A first-time offender also faces a possible 30-day jail term.

- For a second offense, there are additional fines and charges from \$500-\$1,000; minimum one year and up to two year loss of license; a requirement to perform 30 days of community service; imprisonment of at least 48 consecutive hours, and up to 90 days; completion of evaluation, referral and program requirements of IDRC, and installation of an ignition interlock device for a period of license suspension and two years to four years after license restoration.
- For a third offense, additional fines and charges of at least \$1,000; loss of license for 8 years; and a 180-day jail term; a requirement to perform 30 days of community service; completion of evaluation, referral and program requirements of IDRC, and installation of an ignition interlock device for a period of license suspension and two years to four years after license restoration. The insurance surcharge for a third-time offender is \$1,500 per year for three years. These fines and charges do not include court and legal fees.

Driving While License is Suspended Due to DWI (N.J.S.A. 39.3- 40)

If a person is found driving while his/her license is suspended due to a conviction for Driving While Intoxicated, that person upon conviction again shall be fined \$500, shall have his license to operate a motor vehicle suspended for an additional period of not less than one year nor more than two years, and may be imprisoned in the county jail for not more than 90 days.

Refusal to Take the Breathalyzer Test (N.J.S.A. 39:4-50.4a)

Refusal to take the breathalyzer test where there is probable cause for arrest for DWI will result in up to 10 year loss of license, a fine of \$300-\$1000, and an obligation to a minimum of six hours a day for two consecutive days in an Intoxicated Drivers Resource Center satisfy the requirements of an alcohol education or rehabilitation program. Fine and a license suspension until ignition interlock device installed. A person can also be convicted of DWI without the results of a breathalyzer test. In that case, s/he will suffer all the additional fines and penalties specified for the DWI conviction.

Borough of Lodi, New Jersey ORDINANCE NO. 78-10

An ordinance prohibiting the consumption of alcoholic beverages in public and other places and providing penalties for the violation thereof. Be it ordained, by the Municipal council of the Borough of Lodi, in the county of Bergen and State of New Jersey as follows:

SECTION 1: No person shall consume, drink, or imbibe or offer to another for consumption, drinking or imbibing, any alcoholic beverages in or upon

(d) Any private property not his or her own, without the express permission of the owner or other person having authority to grant such permission

SECTION 3: For violation of any provision of this Ordinance, the maximum penalty shall, upon conviction of a violation, be a fine not exceeding Five Hundred (\$500.00) Dollars, or imprisonment in the County Jail for a period not exceeding ninety (90) days or both, at the discretion of the court.

Borough of Rutherford, New Jersey

7-8. Consumption; possession of open containers.

A. No person shall drink or have in his possession any open container of alcoholic beverage in any public or quasi-public place or while in or on a public street or thoroughfare or while in a parked vehicle on any street or public thoroughfare in the Borough of Rutherford.

B. Every person who drinks or has in his possession an open container or any alcoholic beverages in any public or quasi-public place or on a public street or thoroughfare in the Borough of Rutherford shall, upon conviction, be subject to a fine of \$50 for the first offense or violation and, in default of payment thereof, be imprisoned in the county jail for a period not exceeding 30 days, in the discretion of the court.

C. Every person who drinks or has in his possession an open container or any alcoholic beverages in any public place or quasi-public place or on a public street or thoroughfare in the Borough of Rutherford shall, upon conviction, be subject to a fine of \$100 for the second and each subsequent offense or violation and, in default of payment thereof, be imprisoned in the county jail for a period not exceeding 30 days, in the discretion of the court.

7-9. Prohibited transfers to minors.

A. It shall be unlawful for any person to sell, distribute, transfer, give or by any other means supply any beer, wine, alcohol or alcoholic beverage to any person under the legal age to purchase alcoholic beverages in any public or quasi-public place or while in or on a public street or thoroughfare or while in a parked vehicle on any street or public thoroughfare in the Borough of Rutherford, except such transfers between a parent and his minor child.

B. Every person who violates the provisions of Subsection A above shall, upon conviction thereof, be subject to a fine in an amount not exceeding \$500 for each offense or violation or be imprisoned in the county jail for a period not exceeding 30 days under the discretion of the court.

7-21. Restrictions on minors.

A. Persons under the legal age for purchasing alcoholic beverages shall not be allowed in any room in which any bar is located unless accompanied by a parent or guardian.

B. No sale of alcoholic beverages for consumption on the licensed premises shall be made to any person under the legal age for purchasing alcoholic beverages.

New Jersey State and Federal Laws and Vocabulary Regarding Drug Offenses and Penalties

State of New Jersey

On February 22, 2021, New Jersey Governor Phil Murphy signed three bills changing the legal status of marijuana. These laws which went into immediate effect, create a two-tier framework. Further information and details on drug offenses and penalties can be found in the following web link from the Office of Attorney General: [Marijuana Decriminalization & Cannabis Legalization](https://www.njoag.gov/marijuana/) - New Jersey Office of Attorney General ([njoag.gov](https://www.njoag.gov)) <https://www.njoag.gov/marijuana/>

N.J.S.A. 2C:35-3, Leader of Narcotics Trafficking Network: provides penalties for a person found to have acted as an organizer, supervisor, manager or financier of a scheme distributing any Schedule I or II drug.

N.J.S.A. 2C:35-4, Maintaining or Operating a Controlled Dangerous Substance (CDS) Production Facility: provides that such conduct is a first degree crime punishable by imprisonment and fines.

N.J.S.A. 2C:35-5, Manufacturing, Distributing, or Dispensing: provides that such conduct results in imprisonment and fines.

N.J.S.A. 2C:35-6, Employing a Juvenile in a Drug Distribution Scheme: provides that such conduct is a second degree crime punishable by imprisonment and fines.

N.J.S.A. 2C:35-9, Strict Liability for Drug-Induced Death: provides that such a situation is a first degree crime, same as murder, but no intent need be shown, only that death resulted as a result of the use of a drug supplied by the defendant.

N.J.S.A. 2C:35-10, Possession, Use or Being Under the Influence, or Failure to Make Lawful Disposition: provides that such conduct carries penalties of imprisonment and fines.

N.J.S.A. 2C:35-11, Imitation Controlled Dangerous Substance (CDS); Distribution, Possession, Manufacture, etc.; Penalties: provides that dispensing or distributing a substance falsely purported to be a CDS is a third degree crime, and can carry a fine up to \$200,000.

Possession of anabolic steroids is a third degree crime.

Paraphernalia: Drug paraphernalia is defined “...all equipment, products, and materials of any kind which are used or intended for use in planting, propagating, cultivating, growing, harvesting, manufacturing, compounding, converting, producing, processing, preparing, testing, analyzing, packaging, repackaging, storing, containing, concealing, ingesting, inhaling, or otherwise introducing into the human body a controlled dangerous substance... including... roach clips... bongs... pipes...”

N.J.S.A. 2C:36-2, Use or Possession with Intent to Use, Disorderly Persons Offense: provides that such conduct carries a disorderly persons offense.

N.J.S.A. 2C:36-3, Distribute, Dispense, Possess with Intent to Distribute or Manufacture, Crime of Fourth Degree: provides that such conduct is a fourth degree crime.

N.J.S.A. 2C:36-5, Delivering Paraphernalia to Person Under Eighteen Years of Age, Crime of Third Degree: provides that such conduct constitutes a third degree crime.

N.J.S.A. 2C:36-6, Possession or Distribution of Hypodermic Syringe or Needle: provides that such conduct constitutes a disorderly persons offense.

Federal Drug Offenses

The criminal offenses most commonly charged under the Federal Controlled Substances Act are the knowing, intentional and unauthorized manufacture, distribution or dispensing of any controlled substance or the possession of any controlled substance with the intent to manufacture, distribute or dispense. Federal law also prohibits the knowing, intentional and unauthorized creation, distribution, dispensing or possession with the intent to distribute or dispense a “counterfeit substance.” Simple possession without necessarily having an intent to distribute is also forbidden by Federal law and carries a penalty of imprisonment. Attempts and/or conspiracies to distribute or possess with intent to distribute a controlled substance are crimes under Federal law.

Specific drug crimes that may carry greater penalties include the following:

- The distribution of narcotics to persons under 21;
- The distribution or manufacturing of narcotics near schools and universities;
- The employment of juveniles under the age of 18 in drug trafficking operations;
- The distribution of controlled substances to pregnant women.

The penalties for violating Federal narcotics statutes vary. The penalties may be more severe based upon two principal factors:

- The type of drug involved; and

- The quantity of the drug involved.

With the exception of simple possession charges which result in up to one year imprisonment, maximum penalties for narcotic violations range from 20 years to life in prison. Certain violations carry mandatory minimum prison sentences of either five years or ten years. Harsher penalties will be imposed if a firearm is used in the commission of a drug offense. If a drug offense results in death or serious bodily injury to an individual who uses the drug involved, the penalties are harsher.

Anabolic steroids are controlled substances and distribution or possession with intent to distribute carries a sentence of up to five years and a \$250,000 fine.

Overdose Prevention Act

The Overdose Prevention Act, which was passed by the New Jersey Legislature with bipartisan support and was signed into law by Governor Christie on May 2, 2013 is intended to save lives by encouraging people to seek medical assistance whenever a drug overdose occurs. It does so by providing that those who, in good faith, seek medical assistance for an overdose victim will be immune from arrest and prosecution on a charge of use or simple possession of illegal drugs. The immunity also applies to the person suffering the overdose.

A copy of the Attorney General Directive with attached law can be found at:
https://nj.gov/oag/newsreleases13/AG-Directive_Overdose-Prevention-Act.pdf

9-11 Lifeline Legislation

The 9-11 Lifeline Legislation grants immunity to certain underage persons for unlawful possession or consumption of alcoholic beverages.

A copy of the law, adopted on March 12, 2009 can be found at:
<https://awareawakealive.org/bills/newjersey.pdf>

Health Risks Associated With the Use of Illicit Drugs and Alcohol

These brief summaries are an overview of the major health risks associated with the use of illicit drugs and alcohol. Abuse of alcohol and other drugs can lead to chemical dependency, increased tolerance, deterioration of relationships with family, friends, and co-workers, and can be harmful during pregnancy.

Alcohol

- Alcohol is a depressant that decreases the responses of the central nervous system
- Excessive drinking can cause liver damage and psychotic behavior
- As little as two beers or drinks can impair coordination and thinking
- Alcohol continues to be the most frequently abused substance among young adults
- Risk of injury or death as a result of accident or violence
- Impaired vision and motor coordination, memory defects, hallucinations, blackouts, and seizures
- Long-term use can result in permanent damage to the brain, elevated blood pressure and heart rate, risk of stroke, heart failure, increased risk of mouth and throat cancer, impaired judgment and verbal ability, and inability to concentrate.

Alcohol is an especially dangerous drug for pregnant women. Drinking during pregnancy raises the risk of low-birth weight babies and intrauterine growth retardation, increasing the danger of infection, feeding difficulties, and long-term developmental problems.

Marijuana

Also known as: Pot, Grass, Joints, Roaches, Reefer, Weed, Mary Jane

- Marijuana may cause impaired short-term memory, a shortened attention span and delayed reflexes
- During pregnancy, marijuana may cause birth defect
- Marijuana may cause increased heart rate and pulse, breathing problems, relaxed inhibitions, and disoriented behavior
- Increased risk of mouth, throat, and lung cancer
- Long-term use has been linked to increased anxiety, panic attacks, paranoia, and hallucinations
- Contains THC (delta-9-tetrahydrocannabinol), the main active chemical in marijuana, as well as 400 other chemicals
- THC content of marijuana has been increasing since the 1970s.

Cocaine

Also known as: Coke, Dust, Snow, Flake, Blow, Girl

- Cocaine has a high risk of addiction and dependence
- Cocaine use may cause severe "mood swings" and irritability, paranoia, anxiety, depression, delusions, and psychosis
- Cocaine increases your blood pressure and heart rate, and can lead to respiratory failure, lung disorders, irregular heartbeat, heart attack, and strokes
- Fetal cocaine effects include premature separation of the placenta, spontaneous abortion, premature labor, low birth weight, greater chance of visual impairment, mental retardation, and developmental problems
- For intravenous (IV) cocaine users, there is an increased risk of hepatitis, HIV infection, and endocarditis.

Crack cocaine

Also known as: Freebase rocks, Rock

- Crack is almost instantly addictive, and one use could cause fatal heart attack
- Repeated use may cause insomnia, hallucinations, seizures, paranoia, and psychosis
- There are more hospitalizations per year resulting from crack and cocaine use than any other illicit substance.

Barbiturates

- Barbiturates are central nervous system depressants
- Use may cause poor muscle control, slurred speech, appear drowsy or drunk, confusion, irritability, inattentive or slowed reactions, staggering gait, and altered perception
- Doses taken in combination with other central nervous system depressants (e.g., alcohol) cause respiratory depression, coma and sometimes death.

Methamphetamine

Also known as: Meth, Crystal, Crank, Ice

- Methamphetamine is extremely addictive even after only one use
- Can cause convulsions, heart irregularities, high blood pressure, depression, restlessness, tremors, severe fatigue

- Prolonged use can lead to skin ulcerations and infection, paranoia, irritability, anxiety, blood vessel constriction, heart attack, and stroke
- Use while pregnant can cause premature labor, detachment of the placenta, low birth weight, and possible neurological damage
- Intravenous (IV) users are at high risk of AIDS/HIV, hepatitis, infections and sores at the injection site, and infection of the heart lining and valves (endocarditis).

Hallucinogens

Types Include: PCP, LSD, Mescaline, Peyote, Psilocybin

- One use of LSD or PCP can cause multiple and dramatic behavioral changes
- Hallucinogens can result in increased body temperature and blood pressure, sleeplessness, appetite loss, and tremors
- Prolonged use has been shown to cause anxiety, depression, panic attacks, paranoia, and psychotic behavior
- Large doses of hallucinogens may cause convulsions, ruptured blood vessels in the brain and irreversible brain damage
- Many hallucinogens cause unpleasant and potentially dangerous "flashbacks," long after the drug was used.

MDMA (3-4-Methylenedioxymethamphetamine)

Also known as: Ecstasy, E, X, XTC, Molly (in powder form)

- Synthetic chemical drug with effects similar to those of amphetamines and hallucinogens
- Short-term effects include psychological difficulties including confusion, depression, sleep problems, severe anxiety, and paranoia, which occur during and even weeks after use
- Physical problems that can occur are muscle tension, involuntary teeth clenching, nausea, blurred vision, rapid eye movement, fever, chills or sweating
- Long Term Effects have been found to include memory loss and serotonin depletion which is a chemical in the brain that regulates mood, sleep habits, thought and behavior process, sexual function, and sensitivity to pain.

Opioids and Opiates

Types Include: Heroin, Codeine, Morphine, Opium, Fentanyl, Oxycodone

- Opiates are naturally occurring organic compounds while opioids are synthetically created
- Very high levels of physical and psychological dependence, where the body needs the narcotic to achieve a level of homeostasis or there is an overwhelming feeling to use the drug
- Side effects include nausea, sedation, itching, chest pain, and can result in death
- Physical withdrawal from both opioids and opiates includes severe back, abdominal, and joint pain, nausea, vomiting, intense drug craving, insomnia, extreme anxiety, and depression which can last an average of seven days
- Overdose can lead to blood clots, stroke, heart attack, respiratory paralysis, and death.

Strengths and Weaknesses of Felician University Alcohol and Other Drug Abuse Prevention Program

Strengths

- The University receives a grant through the state of New Jersey, Mental Health for College Students, which has allowed Counseling and Wellness Services to expand the availability of

resources available to students 24/7. All of these resources are at no charge to the students. The online platforms, Uwill, Togetherall and TimelyCare have various resources to support the students, thus expanding and enhancing on campus resources.

- Since the last Biennial Review, revisions with the University substance policies have been adopted and successfully implemented to ensure compliance and consistency
- Methods for notification and distribution of policy and procedures and on-line education for faculty/ staff and students were implemented
- Counseling and Wellness Services continued to utilize social media platforms for mental health and AOD campaigns to be advertised
- The Felician University Department of Athletics has improved implementation and enforcement of policies, procedures and reporting.
- Continued maintenance of Felician University websites
- Substance Education embedded in Orientation, Athletics, and Student Leader Trainings have been incorporated into our campus culture
- Increased electronic record keeping for data collection and consistency

Weaknesses

- Due to staff and department changes the Task Force membership was significantly impacted, where all work was put on a pause during restructuring, thus reducing our offerings of effective AOD programming
- Counseling and Wellness Services had one clinician for half the year. New Staff was brought on board, yet this was about halfway through the academic year.
- Passage of NJ recreational marijuana legislation presents a challenge as marijuana use and abuse is no longer seen as problematic and has become normalized, and glamorized by outside influencers and it is used as an unhealthy, problematic coping skill.
- Task Force membership for the Biennial Review has not been consistent with several leaving the University, and new staff coming on board with limited knowledge of what has been done or has been effective in the past. Staff turnover has led to inconsistent implementation and missing data
- Ventilation problems in the residence halls make enforcement of smoking violations difficult as Residence Life struggles to identify which residents in which rooms/suites are the violators.
- Since enforcement is low, mandated assessment and treatment for addiction is also low.
- Continued change of educational platforms with little training has led to lower utilization of educational platforms regarding Alcohol and Other Drugs.

Recommendations for the Felician University Alcohol and Other Drug Abuse Prevention Program

It is recommended that the following be addressed for the subsequent review period:

- Further examine the implications on our campus of the legalization of the recreational use of marijuana in New Jersey, not in full effect yet.
- Investigate how other campuses successfully navigate ventilation systems in residence halls deferring enforcement of policies as this seems to be a common struggle at many colleges and universities
- Evaluation of the Felician University Alcohol and Other Drug Abuse Prevention Program and all its individual programs to verify effectiveness
- More robust Task Force involvement from across the campus, not just Counseling and Wellness Services
- Track programming outcomes assessment data consistently